

iPulse

THE DAILY HEARTBEAT OF LYNN UNIVERSITY

3601 North Military Trail Boca Raton, Florida 33431-5598

Vol.15/ #3/ March 9, 2015

FRESHMAN CREATES NEW CLUB

Awa Dia is Inspiring Students To First Love Themselves With F.L.Y.



Above: Freshman Awa Dia takes a stand and starts her own club, First Love Yourself (F.L.Y.), which empowers women. Staff Photo/ H. Van Schaick.

By: **HALEY VAN SCHAICK**
Staff Writer

Lynn has a variety of clubs and organizations, but this year Awa Dia, freshman, decided to add one more to the list.

Dia established Lynn's very only club, First Love Yourself (F.L.Y.), which is dedicated to self-empowerment and boosting the self-esteem of its members.

"The reason I started this club was because I

personally had self-esteem issues growing up," said Dia. "There was a point in time when I didn't love myself. I then decided to do a lot of research on ways to boost your self-esteem. Coming to college I realized that many people don't love themselves and I figured, how could I help them like I helped myself?"

Dia's confidence radiates from her smile. She hopes that F.L.Y. will inspire all who she meets.

In a typical F.L.Y. meet-

ing members can expect to participate in self-affirmation activities.

"I am super excited about joining my sorority sister Awa in this venture," said Jennifer Meng, junior. "As someone who suffers from depression and anxiety, this club will help boost not only my self-esteem, but will also help others involved."

Dia is very active and well known on Lynn's campus.

"She is an inspiration for students on campus

because she allows them to have a voice and helps them to love themselves through her great advice," said Jane Silver, junior.

F.L.Y. is just getting started and they are currently looking for students who would like to be a part of this club's executive board.

"I just strongly believe that everyone should love themselves first," said Dia.

F.L.Y. currently has open meetings once a month. If interested, contact Awa Dia at adia@email.lynn.edu.

HOW TO MAKE THE DISTANCE LAST

Long Distance Relationships Can Be A Struggle, But Totally Worth It

By **ROMINA BENZERAY**
Staff Writer

At a university with so many international students, it is very common to meet someone who is currently in a committed long distance relationship.

Sometimes these students find it hard to continue their relationships after they leave their homes with thousands of miles between them.

Although calling it quits may seem like the only choice for some couples to cope with the hundreds and thousands of miles between, it may appeal to others to make it work. A long distance relationship requires two times the amount of trust, patience and ambition than a relationship that is not separated.

Partners should give some space to each other since they are in different environments.

Expecting to be in touch for 24 hours, seven days a week is senseless. However sharing each other's schedules may make it easier for couples to communicate with one another. Making time for each other is important, but forcing time is dangerous.

Skype and FaceTime become highly valuable to long distance relationships. Skype dates may sound odd, but they help maintain contact. Depending on the time zone, it may make it easier to spend time talking to each other earlier in the day.

Taking each other to

new places, showing them around town and letting them see the daily routine typically makes the couples feel closer to one another.

Although it is hard to feel the constant love when there is no physical connection, reminding each other how much love there is in many other ways definitely keeps the relationship alive. The best part of having a long distance relationship is the value of seeing one another in the limited amount of visits and holidays.

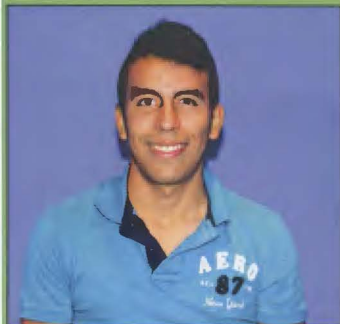
It is a risky but beautiful thing, which can bring the partners closer and increase the trust in each other.



Above: Facetime and Skype will make a long distance relationships more stable and stronger. Stock Photos.

THE UNFORGETTABLE EXPERIENCE

How Three Weeks In A Third World Country Had Changed My Life



By **JOSE ECHEVERRY**
Video Editor

Study abroad programs are often seen as an expensive trip that serve no purpose at all, other than for students to have fun.

However, a little over a month ago I got to experience the true reality of what studying abroad really means. My perspective changed when I was given the opportunity to travel with a group of six other Lynn students to Santiago, Dominican Republic.

For the course of three weeks I had the immense privilege of being in one of the most beautiful countries in the Caribbean, but at the same time getting a glimpse of the harsh reality that most Latin countries face - poverty.

Out of all the J-term programs available that send students abroad, I chose the Dominican Republic because if I was going to travel away, it had to be somewhere I could relate to. Being from Colombia, I wanted to go somewhere that would feel more like home and where I would be given the opportunity to give back to the less fortunate.

From day one, our stay in the Dominican Republic was very special. The main concern of the group before the



Above: Students spend three weeks studying abroad in the Dominican Republic. Staff Photos/ J. Echeverry.

trip was the culture shock. As part of the program, all seven students were taken to a rural village called Ranchete, which was located on top of one of the tallest mountains in the country. Therefore, it is not hard to imagine the magnificent landscapes that our eyes were exposed to.

The most special part of Ranchete was the real mission of why we were there. Part of the funds from the cost of the program went to the building of outhouses for three specific families that were in need of them.

Most of us had minimal to no construction experience. All three families welcomed us to their homes with their arms open wide filled with love and humbleness.

The week in Ranchete completely changed my life and my perspective on studying abroad. With the

way locals treated us, giving us food every single day, inviting us to their homes and just always having a smile on their faces, created an impact.

The struggles of poverty we were exposed to were undeniably heartbreaking and some of the people lived in conditions that merely seemed inhumane; yet we never saw anyone complain or be unhappy. For them to offer us food in their homes and give their love was just simply life changing.

The materialistic world we live in was also my world before going abroad, but after seeing and witnessing the conditions that many people live in throughout the world, I learned that life is not about a cell phone or Wi-Fi, but about being happy despite the life situation. Studying abroad opens students minds to the

reality of the world outside their comfort zone.

At the end of three weeks in the Dominican Republic, our hearts were attached to the people we had established relationships with. We had developed beautiful friendships with all the locals from the village and the staff.

"J-term in the Dominican Republic is an experience that I'll remember and cherish for the rest of my life," said Elisa Pisana, senior.

Most of the students who took part in this program have their own stories to tell.

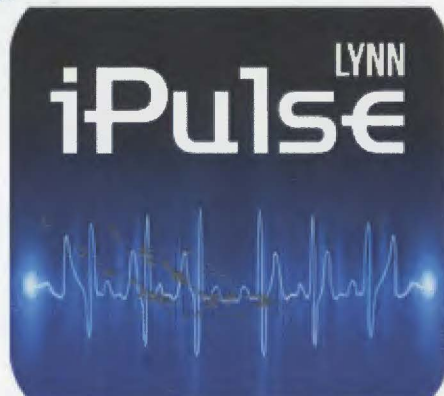
"Whether it's for three weeks or for a semester, students should at least give it a try and experience a once in a lifetime experience," said Jeff Mata, sophomore.

I recommend that students take a moment during their time in college and study abroad.



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LYNN TRACKS TOTAL ABSENCES

Class120 App Notifies Parents When Fighting Knights Miss Class



Above: Both "NBC Nightly News" and "Today" mentioned Lynn on their shows when talking about a new class attendance app. Stock Photos.

By: **KEVIN STUDER**
Editor-in-Chief

One may have noticed that Lynn was recently featured on both NBC Nightly News and the Today show.

The appearance on the network has to do with a new app that the university is implementing called Class120. Using GPS and WiFi, the app - designed by Core Principle - can track a student's attendance to his or her classes throughout the day. If the student decides not to attend, a notification email will be sent to either a parent or administrator to let them know of the situation.

"The single best thing

to improve students' success in college is simple: Go to class," Jeff Whorley, founder and CEO at Core Principle, told NBC Nightly News.

The news show was able to sit down and talk to sophomore Michael Van Casteren about the app.

"My parents pay for my education. They worked hard their entire lives to make sure that I can get a college education," Van Casteren said to NBC Nightly News. "It's their right to make sure I'm using their money in the right way."

Some students, however, are not so eager about the implementation of the app.

"I don't really want to

get in trouble when I don't go to class," said Kate Britten, freshman, to NBC Nightly News.

A few days after the story on NBC Nightly News, the anchors of Today, Tamron Hall, Al Roker and Hoda Kotb, were discussing the app on their morning show. Hall and Kotb were a bit hesitant because they felt that the parents should trust their young adults to go to class. They also argued that college is a time for students to be learning lessons for themselves.

Before students agree with the Today anchors and get up in arms about not wanting their parents to know about them missing class, it should be not-

ed that a student needs to give their consent before their parent can start receiving notifications.

While students are supposed to grow into adults in college, it never hurts to have that parent's force behind them to keep them in line. Parents agree the app will be beneficial toward their relationship with their students.

"It enforces the bond between the parent and the student working towards the same successful goal, which is their success in life," said Mary Lou Van Casteren, Lynn parent, to NBC Nightly News.

Lynn is hoping to become the first school to fully implement the app.

50 SHADES OF DOMINEERING MEN

Three Men From Classic Literature That Make Mr. Grey A Submissive



Above: Character such as Rhett Butler, Dorian Gray and Jay Gatsby will last in literature when Christian Grey will fade. Stock Photos.

By **JOSHUA DEAL**
Staff Writer

Christian Grey, the infamous fictional character, is known to be dominant, tortured, successful and alluringly sensual.

However, through the history of literature there have been many characters that have fit this archetype, who are arguably even more charismatically captivating and brooding.

Rhett Butler from "Gone with the Wind," has his own ship smuggling business and is a dishonorable man who only cares for money

and Scarlett. He fought for the South during the Civil War when he knew it was a dying cause.

Butler is a man who knows how to dance, shoot and gamble his way into infamy during a time of confederate sensibilities.

Unlike Christian Grey, when his relationship was over he kept composure and stated, "Frankly my dear, I don't give a damn."

The next literary tortured soul is Dorian Gray from "The Picture of Dorian Gray." He is a scandalous character from a controversial writer, Oscar Wilde,

who was even inspired by a scandalous poet, Lord Byron. Gray lives in the literary world as one of the greatest and tragic hedonists, a man who was so beautiful that men and women throughout the story swoon over his façade.

He partakes in sinful pleasures of lust and seduction, but later realizes how empty all the physical desires makes him internally.

Finally, Jay Gatsby is the epitome of a wealthy, tragic and romantic. Gatsby uses his wealth to bestow lavish parties for those he cares about, while not allowing

his past to hinder his dream of romance. Although he is foolish and naïve, he never truly lets his passions and past hinder the lives of those around him intentionally. Basically, Gatsby is a playboy who likes to play nice.

All of these male figures are hedonists set on pleasure and self-destruction. Wealthy men who realize wealth does not sustain the soul and tragic figures that let themselves collapse the joys around them. Compared to these literary figures, Christian Grey is the submissive in his own red room.

SAUCED UP FOOD TRUCK TAKEOVER

Students Find A New Hot Spot That Is On The Go With Gourmet Food

By **EMILY ROBINSON**
Staff Writer

With food trucks being the latest trend in the food industry, there is no surprise why students love the Sauced Up truck.

Dan Scala and Matt Kaiser are the masterminds behind the Sauced Up truck, which opened in July of 2014. Their specials include, gourmet sliders, macaroni and cheese, stuffed chicken wings and

their new chicken and waffle sandwich.

It is truly a pleasure every time one visits the food truck because they have a variety of different specials that will keep customers coming back for more.

"I follow them on Instagram to keep up with where they are around me," said Devin Green, senior.

The truck can be found in numerous student hangouts around Boca.

From the Hook Up near Florida Atlantic University (FAU) to apartment complexes around West Boca, Sauced Up food truck seems to find students wherever they might be in town.

"They come to my apartment complex every other week. I am obsessed with their stuffed wings," said Ian Rosenberg, senior.

Sauced Up is located at The Hook Up near FAU every other Sunday from

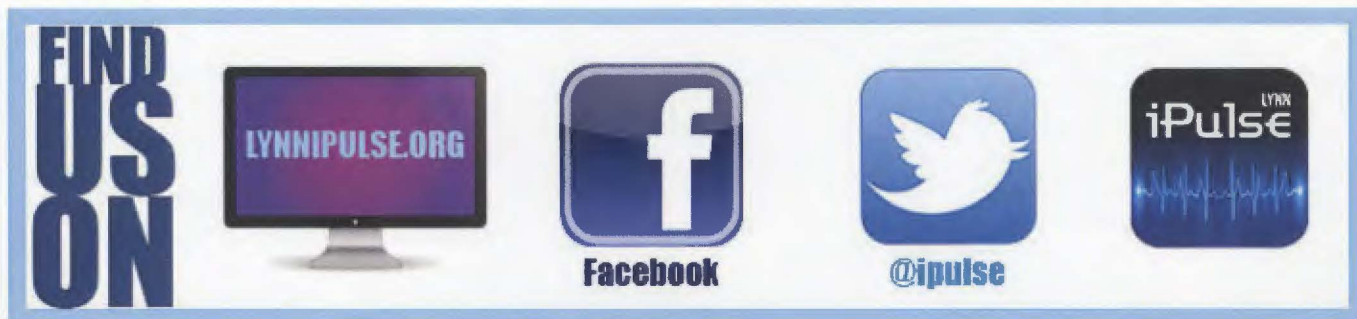
noon to 3 p.m., where it is a perfect luncheon spot for students. There are always many Lynn and FAU students waiting patiently in line to get their favorite specialty.

"I try to get to the truck as soon as they open so they don't run out of my favorite filet sliders," said Ryan Carmona, senior.

To find the Sauced Up truck and its current location, follow them on any social media websites.

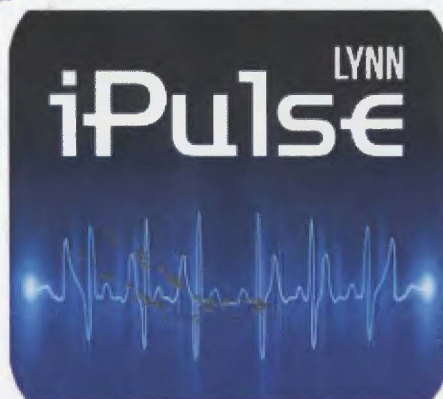


Above: The Sauced Up truck has been bringing in a lot of new customers due to the constant traveling through different locations. Stock Photos.



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SHE IS A SHARPE LYNN STUDENT

Whitney Sharpe Is One Of Lynn's Most Fashionable Students Around



Above: Sharpe attends pageants and other fashion related events on a regular basis, as well as writes her own blog. Stock Photos.

By **BRIANA RANDALL**
Staff Writer

For those who do not know the ambitious, fun and determined senior, Whitney Sharpe, here are a few fun facts. She was born in Burlington, just outside of Boston, and enjoys volunteering, blogging and is a huge animal lover.

Sharpe grew up in the same house her entire life, until she made the big move to attend Lynn. Here she studies fashion and retail as a major, and minors in multimedia journalism.

"Hopefully one day I will be along-side Giuliana Ran-

cic as a fashion corespondent on E! Network. It's my dream job, but I'll have to work hard," said Sharpe about her future ambitions.

On campus, Sharpe is a active member of the Fashion and Retail Association run by Professor Lisa Dandeo.

"I try to volunteer for as many fashion events as I can," said Sharpe.

This year, Sharpe is also hoping to join the new First Love Yourself (F.L.Y.) club when it is up and running.

Last year, Sharpe devoted her time to two organizations: Dress for Success

and the American Cancer Society. Sharpe holds numerous memories with these organizations.

"I volunteered a whole day with Becca's Closet, a non-profit that helps disadvantaged high school girls find a donated prom dress. I wish I had heard about Becca's Closet before, because now it's something I want to keep volunteering for as much as possible."

Being a huge animal lover, Sharpe became a vegetarian seven years ago after watching a few documentaries on animal cruelty. Just this past Octo-

ber, she adopted a dog and named him Oscar after her favorite designer, Oscar de la Renta.

Sharpe aims to be Miss Massachusetts USA. This past November, she entered the Miss Massachusetts pageant and was announced first runner up.

Although she did not take the crown home, she was ecstatic and is now working toward taking the crown for next year.

Sharpe also enjoys blogging on her personal fashion blog whitneyslook-ing-sharpe.tumblr.com, with hundreds of followers.

BRIAN WILLIAMS NBC SUSPENSION

Anchor Brian Williams Is Suspended From The Network For Six Months

By **JERRY HOFFMAN**
Staff Writer

Well known NBC anchor Brian Williams, who has been one of the most trusted voices in news coverage for the last decade, was suspended without any payment last month.

Williams made false comments and exaggerations on a story regarding an event that involved a helicopter he was on in Iraq, back in 2003.

Prior to this expensive mistake, Williams was the host of the number one evening news show in America, which drew just over an average of 9 million viewers every night.

"I don't know how he can ever read the news with a straight face, or how the public will respond if he does," said Mark Feldstein, broadcast journalism professor at the University of Maryland. "Maybe they're hoping that with a six-month cooling-off period, he's got a loyal fan base."

While many hard-nosed journalists are appalled by Williams' actions and embellishment of such a serious story, many others do not see Williams' "tall tale" as such a terrible thing.

"Any human being who tells you they have never embellished their own life story is probably lying," said Bob Thompson, professor of popular culture at Syracuse University. "My story of how hard it was to get home in the snow on Monday is a lot better on Wednesday. There are all

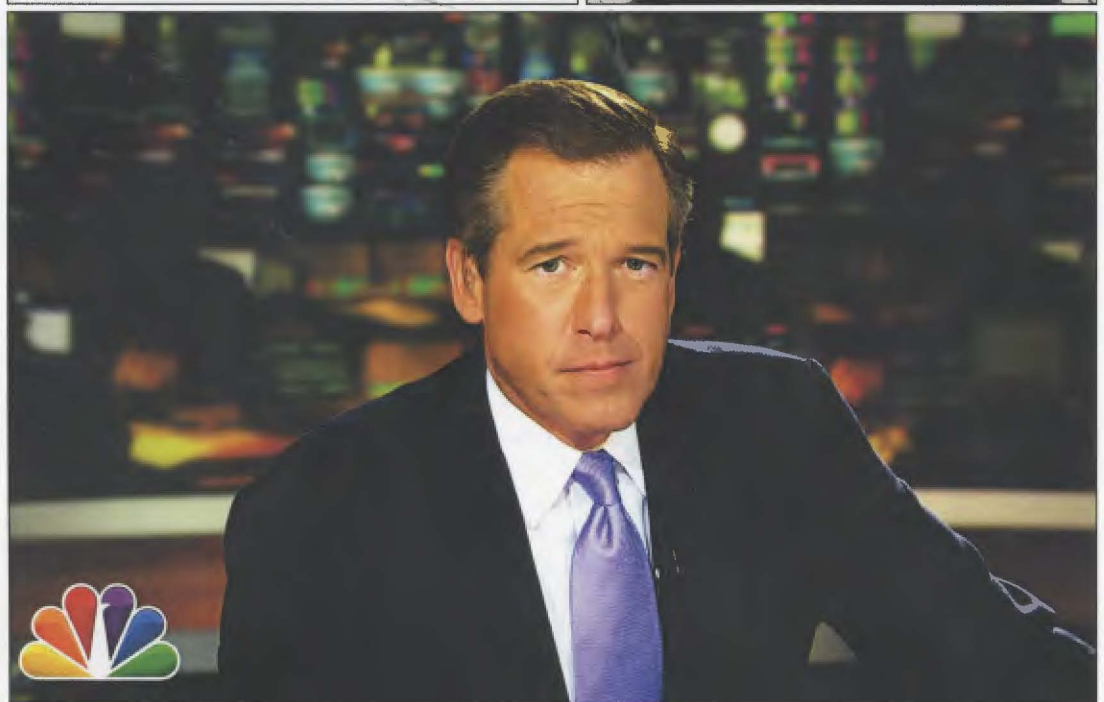
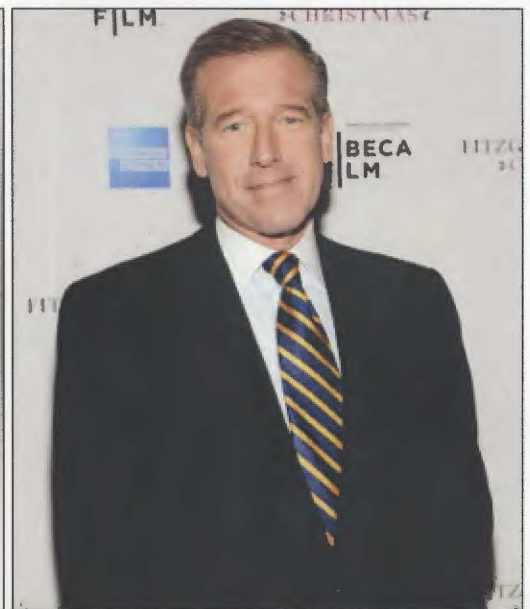
kinds of new things, like abominable snowmen."

Williams made a statement during his report that he was riding in a helicopter that had been hit by a grenade while still in the air. It was later confirmed after Williams had done the story on NBC Nightly News that it was in fact another

helicopter nearby that was struck by a grenade. While this one exaggeration may not seem like such a significant mistake, a lie such as this puts Williams' credibility as a reporter at stake for whatever is left of his career.

"Typically if a half-truth worked well once, the pro-

fessional will continue to leverage it and bake it into their professional narrative," said Matthew Randall, executive director of the Center for Professional Excellence at York College of Pennsylvania. "Hence, Williams' fib had become part of his career."



Above: Brian Williams has been suspended from NBC with no pay for six months. Stock Photos.



2015 Class Gift

Commit to the Pit

Leave your mark at Lynn University by donating to The Pit, a relaxing space for students found on campus between the Freiburger and Lynn Residence Halls. As a member of the graduating class of 2015, your contribution will go towards the development of this space to become a lively gathering area for students, now and in the future.

The expansion of the space has already been completed so the seniors are able to enjoy prior to their departure. The tree bench, as well as the expansion of the paved area, are to provide a more comfortable and enjoyable space for the students. This is a space on campus that has been solely built upon by Lynn University students, and is a treasured area centrally located around the Residence Halls.

The Pit is cherished and filled with students on a daily basis. With your donation, we are able to maintain this presence and build upon for years to come. You are able to contribute to the class gift at Senior Salute, Wednesday, March 11, and Thursday, March 12, from 11:30-6 p.m. You can also contribute online today.

Contact Angie Caple for more information at acapleAF@lynn.edu.

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DELRAY MARKET PLACE HAS IT ALL

Delray Marketplace Has A Variety Of Attractions For Everyone To Enjoy

By **VERONICA HAGGAR**
Staff Writer

Delray Marketplace is the place to be. Located on the intersection between Lyons Road and Atlantic Avenue in Delray Beach, this small shopping center has a lot to offer for people of all ages. It is one of the newest hot spots in Delray.

There are more than 15 stores, 10 restaurants and lounges, two hair salons, one nail salon, a barre studio, spa and a Frank Theater Cinebowl and Grille.

With options like the Wine

Country, Create Your Burger and Shula Burger, customers will not be disappointed.

If anyone is craving Mexican food, Cabo Flats is the place to go. Cabo Flats has a wide variety of options on the menu, and has great specials such as, Fuego Fridays and Taco Tuesdays.

Bella Amici Pizzeria makes top notch pizzas with the perfect New York crust.

"I currently work at Bella Amici as a server, it's a small Italian restaurant in the plaza," said Brandon Narpiel, senior. "It's a great place for

people to enjoy some New York style pizza. If you're in the mood for Italian entrees we have a variety of choices."

Apeiro Kitchen and Bar has recently opened its doors. Inspired by the Mediterranean culinary culture, Apeiro offers classic dishes from the region.

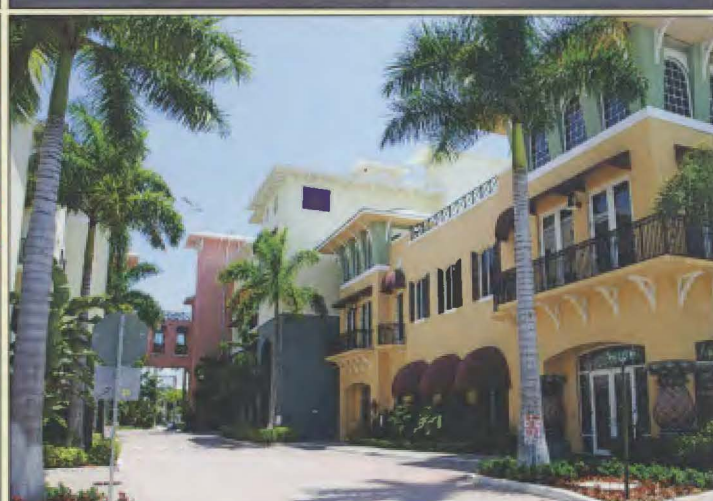
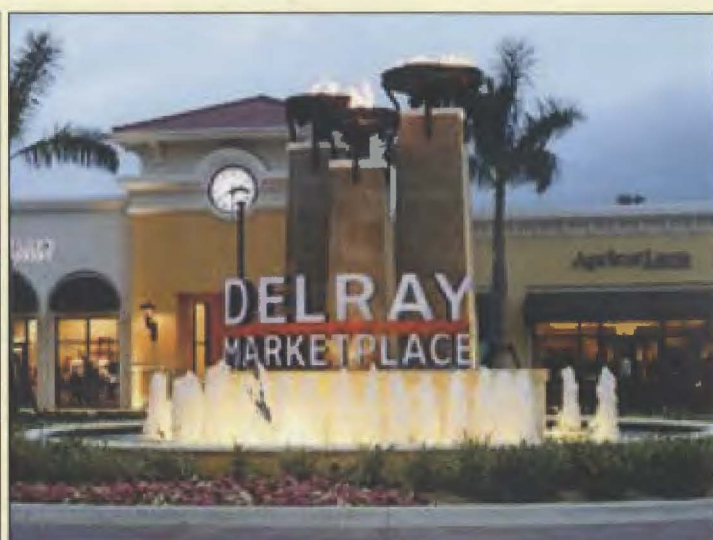
For the artists, the Popculture Vault offers artwork from different collections, and the Polaroid Fotobar helps one create their own masterpiece in minutes.

For the fashionistas, there are many boutiques, includ-

ing Apricot Lane. The boutique has fabulous fashion, offering a great selection of premium brands.

Stores like Francesca's, Loft, The Children's Place and Yankee Candle are located in the shopping center as well.

Frank Theater Cinebowl and Grille covers a huge premise of the mall that is divided into a movie theater and a bowling alley that connects to the restaurant and arcade. The Cinebowl is always a great time for the whole family, especially for the little ones.

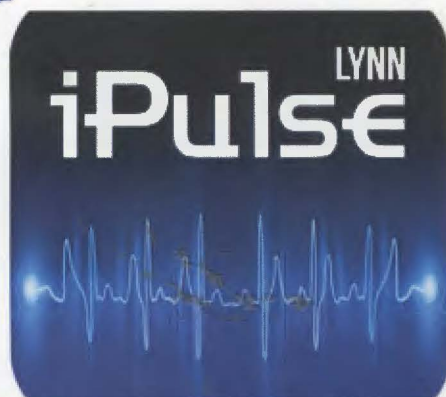


Above: From great restaurants to fashionable boutiques, there is always something fun to do at the Delray Marketplace. Stock Photos.



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PAUL WATSON HAS A TRAVEL BUG

Spending J-Term Abroad Has Made Freshman Paul Watson Want to Travel



Above: Paul Watson is one of Lynn's many students who partakes in a variety of different activities and organizations on campus. LU Photos.

By: **BIANCA DOROTHE**
Staff Writer

With Lynn being a smaller community-based university, it is easy for people to assume that they know just about everyone on campus.

However, that is never really the case. At Lynn there is always someone new and interesting to meet. Take sophomore Paul Watson for example.

Watson is originally from Alabama. He is a very easy-going, simple kind of guy.

Watson enjoys writing, reading, drawing and a tall glass of tea.

He is what people would call an old soul because he enjoys the simple things in life.

Two of his favorite places to be around in Boca are the beach and Barnes and Nobles.

Watson first heard about Lynn through the third Presidential Debate that was hosted on campus.

"Every school I applied to was in South Florida. So it was the location over any-

thing else, plus my grandma lives 15 minutes away," said Watson.

South Florida has easily become Watson's second home.

Watson is without a doubt, a people person with a countless amount of interesting things to say.

Some of the things that Watson enjoys are watching Mixed Martial Arts fights, Ultimate Fighting Championship and karate.

When he is not watching his favorite sports, Watson

can be found either enjoying good reads in literature, or hanging around with his closest friends at Lynn.

Over J-term, Watson studied abroad in Japan.

"Japan was dope," said Watson.

On this trip, Watson tried a variety of different foods and genuinely enjoyed his time surrounded by other students experiencing the same experiences together.

After traveling to Japan,

(Continued on page 2)

(Continued from page 1)

Watson decided that he wants to continue traveling over the next couple of years. He believes that the next spot will someday either be Africa or Asia, because those are two of the oldest places in the world. Watson's overall goal is to see the entire world throughout his lifespan.

Whether it be making music with his friends, socializing in the Elmore Dining Commons or attending his classes, Watson aims to be friendly to everyone he meets.

Watson truly believes that everyone deserves to be in a good mood with positive vibes flowing. With that belief, he tries to not only accept everyone, but to also make friends with anyone who is willing.



Above: Watson enjoys every single minute of his time spent here on Lynn's campus. LU Photos.

LOCAL BAND, KIDS, IS ON THE RISE

The Fort Lauderdale Indie Band Recently Released A New Album

By: **STEPHANIE DE MARTINO**
Staff Writer

"Authentically, as a musician, I should not be inspired by other musicians," said Joshua Diaz, lead singer and bassist from the band, KIDS.

KIDS, a local Indie band from Fort Lauderdale, includes Diaz as the lead singer and bassist, Josiah Sampson as the back up vocals, lead guitarist, Christian Gonzalez and Matthew Barrios as the drummer. Together, these four musicians create an album that has a different sound in melody than any other band that comes to people's mind.

With different types of instruments and full-fled artistry, they created something that no one has done before. This first full album, Rich Coast, was not created in a

typical studio setting. Instead of going to a studio in the city like most musicians do, they each sacrificed their jobs and everyday lives by setting themselves in the middle of nowhere in Chattanooga, Tenn., to write their new album in a period of three weeks.

According to their official website, Sampson said, "When we discussed writing our full-length record, we sought out ways to translate feeling into the music. We wanted to convey emotion, rather than just a sound or a story. We wanted to put the listener in the scenery where we wrote it. We went on a three-week adventure."

As their single was debuted and many reviews of the album began to hit the media, they created a huge fan base, or in their words, a

"friend" base, in the past two years that they have been together.

From the release date of their album at The Culture Room, a venue in Fort Lauderdale, fans were impacted tremendously and became devoted.

The next chapter on KIDS schedule is to do a South East Tour of the United States. Tour dates and other information about the band, including music can be found on thebandkids.com.



Above: KIDS recently released an album in January 2015. Stock Photos.

ROOMMATE LIVING SURVIVAL GUIDE

The Traditional College Experience Of Roommate Living Can Be Tricky

By **Myriam Rofrano**
Staff Writer

Living with a roommate may not be one's first choice, but in college, it is more than likely the only choice.

Whether students are just starting out their college experience as a freshman or counting down the final weeks as a senior, chances are they have lived with a roommate at some point in their college career. Living with another person, or even more than one person, can sometimes be difficult, and sometimes it might not always go how one expects it to.

There are some successful stories and failed attempts at roommate living. Here are some tips on surviving the rest of the year.

Do not hold in any emotions. If something is wrong, make it known to each of the roommates in a calm and concerned manner. Chances are the roommates are not aware that they are doing any-

thing wrong.

"Just be super honest and address problems as soon as they come up, instead of waiting until there's resentment," said an anonymous freshman.

Do not be passive aggressive. Now this one may be difficult for some people to understand, but no matter how many sticky notes are left for another roommate, chances are they still will not take out the trash.

"Assign chores, so you both contribute and one person isn't doing everything, no one waits to be the maid," said an anonymous junior.

Try to be understanding. Everyone lives a different life and it is important to understand that. Whether someone prefers to spend his or her Saturday in bed watching Netflix, or down at South Beach lying by a pool, they are entitled to their own life choices.

"When living with someone you've just met, or don't know that well, it is important to set boundar-



Above: Freshmen roommates are adapting well to their first dorm life experience. Stock Photos.

ies. Understand that others live differently than you and be patient while figuring each other out," said an anonymous senior.

No one wants to feel uncomfortable in their own space, and chances are if

a roommate is not happy with the others, the other roommates are most likely aware of something being wrong. It is important to keep a friendly, civil relationship with the other people living in the same room.

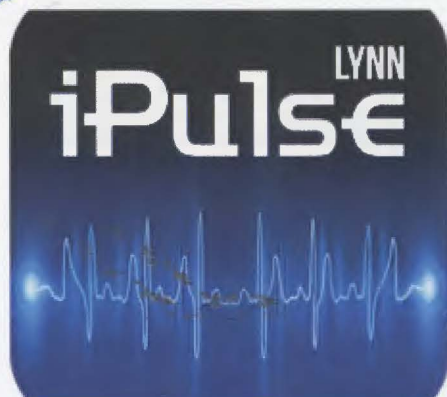


Above: Living with another person can be difficult times, but the experience requires a good effort from both roommates. Stock Photos.



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THE DAILY HEARTBEAT OF BOCA CITY

3601 North Military Trail Boca Raton, Florida 33431

Vol.15/ #7/ March 13, 2015

**"I've had so
much fun and
success in
America."**

**Plus:
Boca's Best
Meals
Serengetee
Trivia Crack**

A SENIOR'S VICTORY

Charlie Anderson Wins A National Championship

By Chris Hellmann

**Exclusive:
WYNWOOD ART DISTRICT
STREET ART AND GRAFITTI IN MIAMI**

NO CHEATING, JUST HEALTHY EATING

Top Plates To Order At Boca Restaurants When Eating Healthy

By **ANASTASIA SUBERVI**
Staff Writer

Since living a healthy lifestyle has conquered people in South Florida, most restaurants in Boca have added new dishes to their menu with healthy delights for those who want to go out without cheating.

"There is no doubt that Boca has it all when it comes to food variety," said Valentina Velazquez, sophomore.

The area has always been known for its fine dining and quality social life. The diversity of restaurants in the city varies from Tex-Mex to Asian cuisines. Fortunately, these establishments have acquired a whole new menu for those who value their fitness.

"When I am [on a] diet, I can totally go out and eat anywhere I want," said Aha Terán, senior.

When looking at a menu to choose what to eat, plates that include grilled salmon, chicken or any other protein with vegetables on the side, preferably steamed, are what to go for.

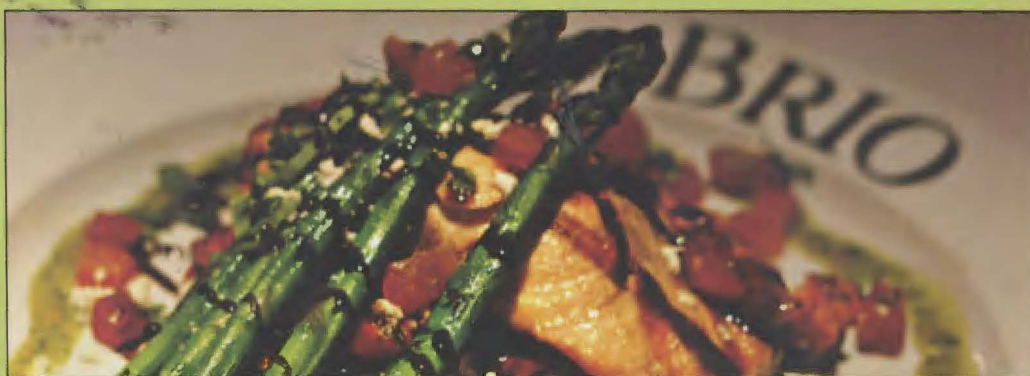
Brio Tuscan Grille, Seasons 52 and even the Italian restaurant, Villagio, are some of the places that have improved their menu in the area.

For example, Brio Tuscan

Grille is well known for its grilled salmon that comes with mixed grilled vegetables and sweet potato bites. Likewise they have a "lightly side menu," which gives options such as salads and gluten free pasta, among others. Additionally, Seasons 52 is famous because almost all of their plates are less than 500 calories and includes beef and fish.

It is understandable that students live on a daily budget, but that is not a problem when it comes to this city. One can also visit healthy restaurants such as Tossed Salad Bar and Yard House, where one can pay between \$10 and \$20 for a healthy meal.

"To keep the body in good health is a duty. Otherwise we shall not be able to keep our mind strong and clear," Buddha once said.



Above: Eating healthy does not mean that you have to give up style and flavor. Stock Photos.

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**READER
WEEK** OF THE



**LAURIE
SCHULZ
& BECCA
BENDER**

Student Life

WIN THE CROWN OR LOSE IT ALL

Students Lives Are Being Taken Over By The New App Trivia Crack

By **CARLIE ADMIRE**
Staff Writer

Popular gaming application, Trivia Crack, gets a Lynn edition makeover to see how well students know their campus.

After launching in December of 2014, Trivia Crack quickly became the most downloaded application from the Apple App Store. A virtual spin off of many popular trivia games, Trivia Crack allows users to compete against both their friends as well as users around the world.

"The game is very addictive," said Micah Nesson, junior. "I'm pretty sure everyone on campus has played it before."

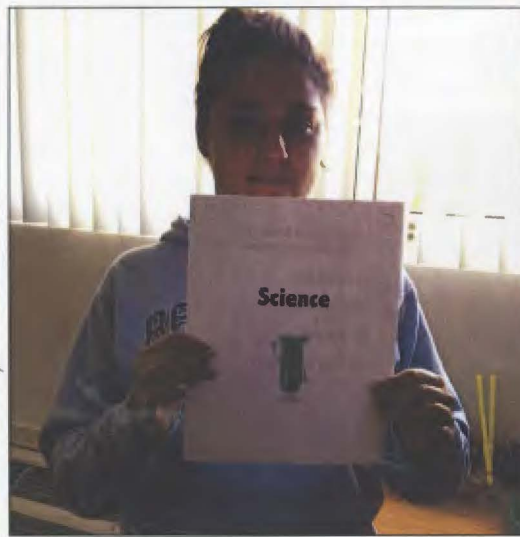
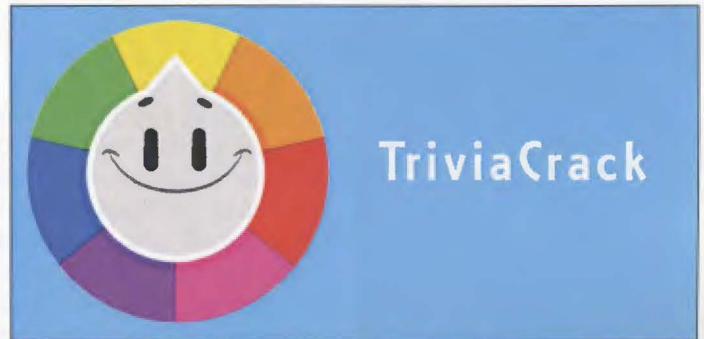
Taking the game to Lynn's campus, the students picked a topic and accepted the challenge. Quizzed in six separate categories, the students worked together to be knighted victorious.

"Our school is known for having students from 90 other countries," said Scott Gordon, senior. "So I knew about 25 percent of our student body is international."

"This was fun, I knew almost all of it, but then there were some questions that were a little bit more challenging," said Alexa Tamu-

rian, sophomore. "It makes you think about all the little facts related to Lynn."

With the final scores tallied up, Lynn students secured their title as Fighting Knights as well as proving their trivia skills and knowledge of Lynn facts and figures.

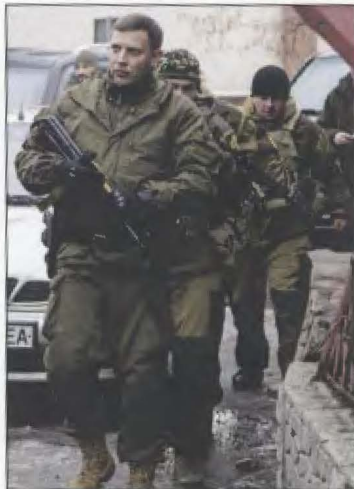


Above: Students are obsessed with playing each other on Trivia Crack. Staff Photos / C. Admire. Stock Photos.

World News

NEW PEACE TALKS IN THE UKRAINE

As The Peace Talks Happen, The Country Has Issued A Ceasefire



By **IVAN ZHYKARIEV**
Staff Writer

Ukraine is witnessing the most important political and diplomatic process since The Treaty of Pereyaslav in 1654, when the Ukrainian state signed a treaty with Mosckovia, what is now Russia, on its territorial and political integrity.

It was Bogdan Khmelnytskyi, leader of Ukrainian Cossacks, who initiated talks over the status of Ukrainian lands and the creation of Cossack Hetmanate, the young Ukrainian country.

Today, Ukraine is facing a similar challenge in order to unite the country, which is so divided on its political future:

In February of 2014, Ukraine showed the new government being established after bitter fighting on the streets of the Ukrainian capital. Immediately, Ukraine's new leaders declared their intention to join NATO and sign the EU agreement.

Lynn senior Francesco Oberrauch has been following the events in Ukraine.

"I was baffled by what I saw on the streets of Kiev that winter of 2014. People went to protest against the corrupt government, which replied with excessive force and bullets," said Oberrauch. "I thought that after [Former Ukraine President] Yanukovich fled the country; the situation would change,

but it became worse."

Putin had to act quickly as Russian endorsed fighters seized control over a dozen cities in Eastern Ukraine, only a few weeks after Crimea was annexed.

Russian separatists are well-trained and well-equipped battalions who operate artillery and tanks. There are reports that Russia has been supplying the rebels with the newest military equipment as well as financing the Chechen mercenaries fighting in Ukraine.

On Sept. 5, 2014, the first peace talks took place on the neutral ground in Minsk, Belarus. After hours of talks conducted between OSCE, former President of Ukraine Leonid Kuchma and rebel leaders of self-proclaimed Donetsk and Luhansk "Republics" the ceasefire was reached.

However, it only lasted for a few months as heavy fighting continued, mostly around the area of Donetsk where Ukrainian forces were fighting for a strategically important International Airport of Donetsk.

The UN reports that at least 5,486 people were killed in the conflict, which also took the lives of 298 passengers of a Malaysian Airliner, which was hit by a missile. More than 5.2 million people live in the conflict-affected areas, while 978,482 were internally displaced due to the conflict. An estimated 600,000

people fled to neighboring territories and 75 percent of refugees crossed Russian border.

Oberrauch believes that the current situation in Ukraine threatens the whole system of European values.

"Russia violated the international law and took over Crimea, they definitely stand behind Pro-Russian rebels in Ukraine. Western society and the world is ran in accordance to the international laws since the end of the WWII," said Oberrauch. "People die in Ukraine because someone doesn't play by the rules of democracy."

New talks in Minsk are designed to regulate a situation, which is pronounced to be the biggest humanitarian crisis in years. German Chancellor Angela Merkel and French President Francois Hollande are leading the peace talks in Belarus, which is not exactly a beacon of democracy.

Russian President Vladimir Putin and Ukrainian President Petro Poroshenko discussed a peace initiative, allegedly approved by Barack Obama and Putin himself.

All four leaders were present at the talks that could change the political landscape of Europe and bring peace to Eastern Ukraine, drained in blood and tears of those who do not care for political promises of neither Ukraine nor pro-Russian rebels.

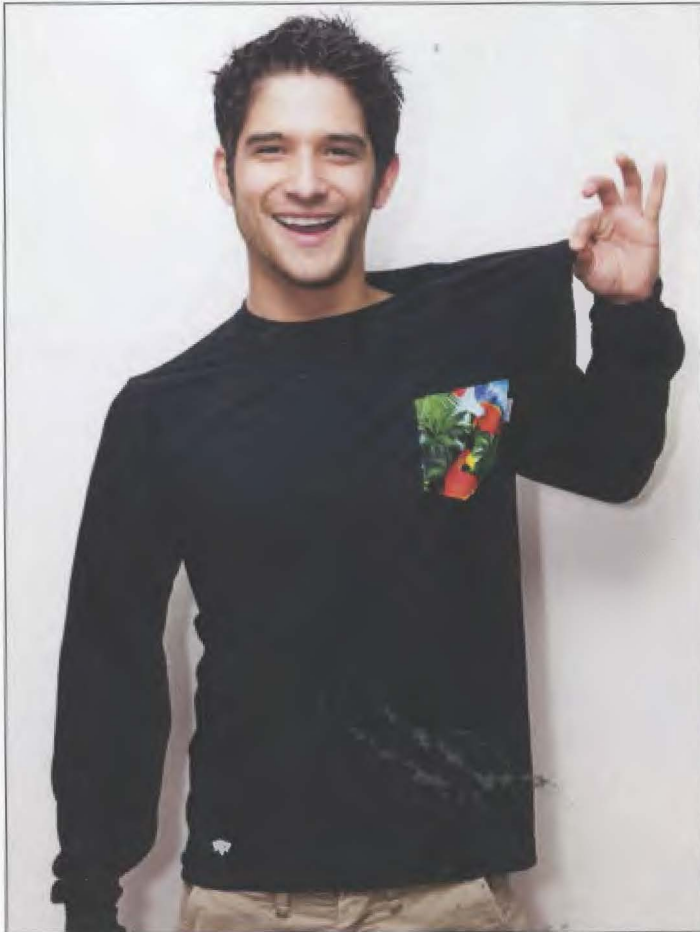


Above: Ukraine today. Stock Photos.

Fashion

WEAR THE WORLD, CHANGE THE WORLD

Helping The World Is A New Trend Thanks To The Brand "Serengetee"



Above: "Teen Wolf" star Tyler Posey has his own pattern, Stock Photos.

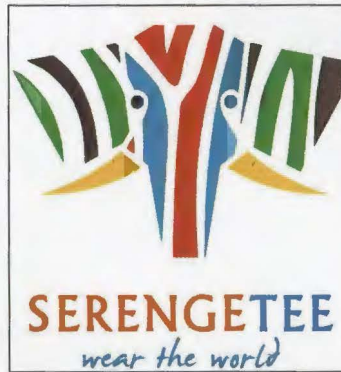
By **ERIN SOZA**
Staff Writer

Dressing well and helping people around the world has never been until Jeff Steitz decided to create a new brand of clothing that helps different causes around the world while allowing the owner to still look nice and stylish. The name of this brand is Serengetee (ser-uhn-get-ee).

Serengetee started as a project of two college

students, Steitz and Ryan Westberg, who were a part of the program "Semester at Sea" in 2011, and came back with the idea of finding a way to help people around the world. Steitz collected different fabrics from each place they traveled to.

Upon returning, he had this idea of using the fabrics he collected on t-shirts and tank tops by selling them to collect money for the causes. Once they started working on it, only



WHAT'S SERENGETEE?

We connect the globe through fabric.



SOURCE FABRICS



CREATE PRODUCTS



GIVE BACK

Above: Serengetee comes in many pattern choices. Stock Photos.

a few months later in early 2012, Serengetee officially started up. It was a small business that only their friends knew about and with time, friends of other friends started getting more and more involved, and the word of Serengetee started to spread.

Now, three years later, Serengetee is involved with 32 causes around the world. It has donated a total of \$102,458 to different charities and has sold \$54,712 in fabrics.

There are 102 fabrics and patterns from all over the world. Every fabric supports a different country, which means a differ-

ent cause. For every purchase made, five percent of the profits go to the cause that the purchased fabric supports. There are different styles and products to choose from, backpacks to t-shirts and tank tops, from headbands to headphones and even pillows.

Serengetee is now working with some famous personalities, such as YouTube sensation Jimmy Tatro, Vine star Jack Dail, "Teen Wolf" star Tyler Posey and campus representatives all over the US.

Steitz and Westberg gave the world the chance to help while looking good.

Cover



Above: Senior Charlie Anderson has had an exciting college career at Lynn winning a national championship in his final year. LU Photos

Story

ANOTHER VICTORY FOR ANDERSON

Senior Charlie Anderson Ends His College Career With Another Title



Above: Anderson (left) with his teammates in the locker room listening to an inspirational speech from their coach before a big game. LU Photos.

By **CHRIS HELLMANN**
Staff Writer

Many European high school students are dreaming of a successful college career in a different country.

Combine playing sports and meeting new people in an unknown country, plus getting a college degree, is an exciting journey one of Lynn's athletes took – and has been more than successful.

Charlie Anderson is a senior from Southampton, England, who did exactly that. In his four years of college he won three National Titles. Anderson won two titles for the Herkimer Community College in New York and, of course, one at Lynn in December 2014.

"I've been very fortunate and blessed to be able to win three na-

tional championships in the past four years whilst in America," said Anderson. "It's not everyday that people from back home get the opportunity to gain an excellent education alongside competing at the highest collegiate level."

Not only was he successful throughout his college career, but is also very well known and connected within the Lynn community. He even worked on-campus as a camp counselor for Pine Tree Camps over the summer.

"From the day I got here I got to know Charlie to be a caring, hilarious and joyful person," said Aaron Zucker, junior. "Charlie is a brilliant footballer who was a vital part in this year's team in order to help us win the national title."

Anderson enjoyed his four-year stay so much, that he can see himself liv-

ing in the United States for the rest of his life. Currently, Anderson is applying for a graduate assistant position for the Lynn Men's Soccer team. After he completes his master's degree, he would like to work in the sports management area, ideally working with a professional club in America.

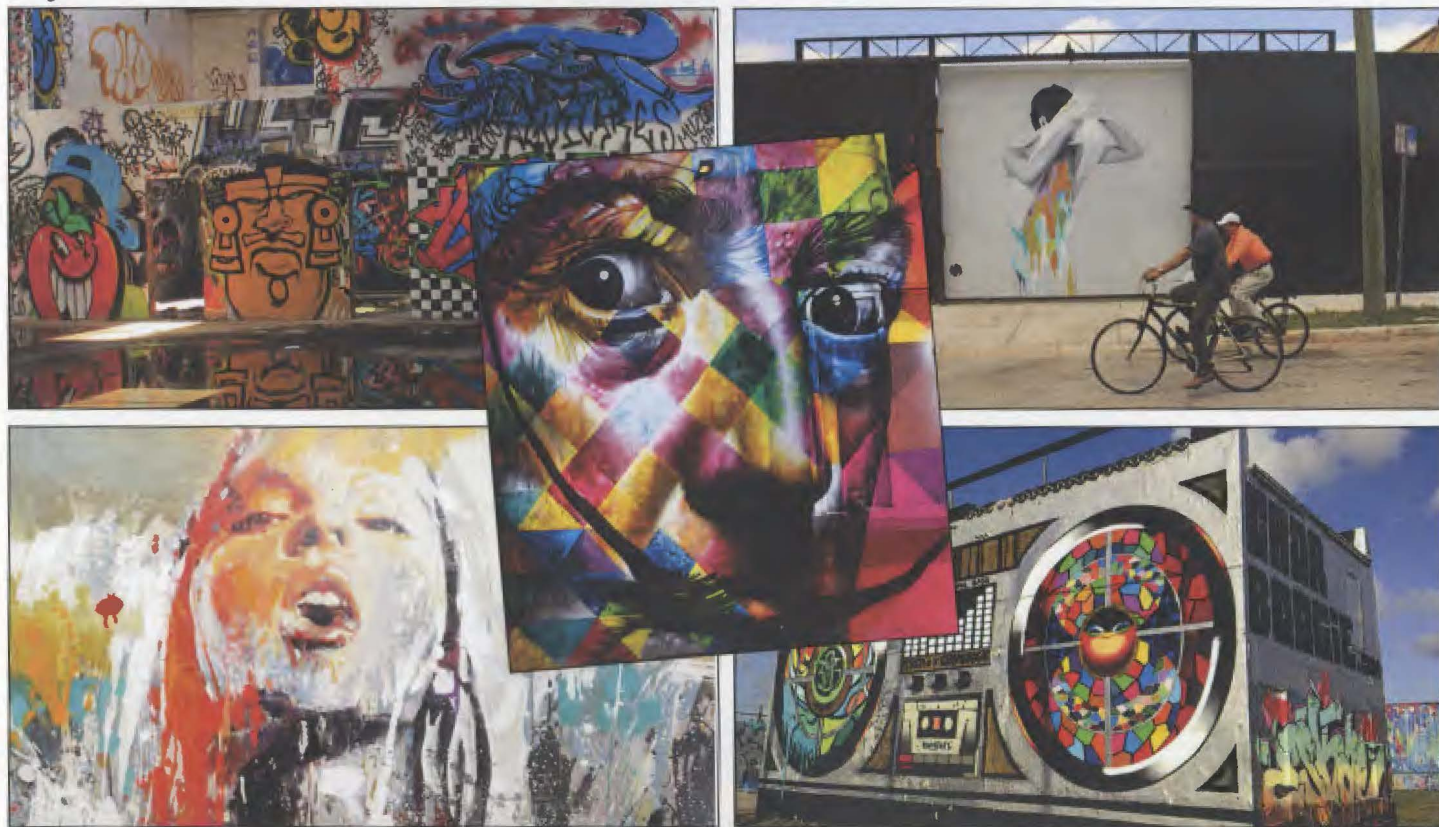
"I've had so much fun and success in America, and also found an amazing group of friends who I can call my second family, that I have spent a lot of time thinking about spending my life in America," said Anderson. "The success and the experiences I made at Herkimer and Lynn obviously helped me out a lot."

Only a few college students can call themselves a national champion once in their four years of college. Anderson is one of the most successful international student athletes here at Lynn.

Around Town

STREET ART IS COMING ALIVE IN MIAMI

Wynwood Art District Is Home Of The Greatest Graffiti And Street Art



Above: Various pieces of art work by many different artists line the streets of Miami in a cool set-up for students. Staff Photos / V. Haggar.

By **VERONICA HAGGAR**
Staff Writer

Located in Wynwood, Miami, the Art District is where the world's most talented artists come together to create spectacular street art. More than 70 art galleries, museums, antique shops and collections can be found in the District.

According to Wynwood's official website, developers rehabilitated what used to be warehouses, closed factories and abandoned buildings, turning them into museums, performing art spaces, cafés, restau-

rants and other innovative art businesses.

"Wynwood is unique because it's the Art District, and everywhere you go is touched by a different artist," said Cecilia Echeandia, junior. "Everyone is there for one thing only and that is to appreciate art."

Wynwood has become very popular since the Art Basel fair started back in 2002. Every year the Wynwood Walls celebrate art from around the world bringing a special and astounding program.

"My favorite part of Wynwood is definitely Wynwood Walls," said Valeria

Figuerola, junior. "I love how real the art is and at the same time it's filled with fantasy."

The Wynwood Walls are recognized particularly for graffiti art.

"I've heard about the Art District from a lot of friends actually," said Whitney Foster, junior. "And [I] saw pictures of graffiti from people on Instagram and Facebook. It looks amazing."

Wynwood has become a must-see for tourists in Miami, a hot cultural spot for the locals and, of course, a dreamland for artists and everyone who celebrates

art.

"I like a lot of the artists that display their art at Wynwood, but one of my favorites is a local artist named Abstrk," said Andres Yidi, junior, who has been following the art at Wynwood throughout the years.

Wynwood Art District should definitely be on everyone's bucket list of places to visit. The retro and hippie neighborhood would expand imagination and make many appreciate the beauty in what once used to be the warehouse and manufacturing district of Greater Miami.

Creative Writing

TOO MUCH TO DREAM LAST NIGHT

Kanye West and Beck Unexpectedly Run Into Each Other Post-Grammys



Above: Kanye West and Beck have an awkward run in at the grocery store while Beck was looking for some milk. Stock Photos.



By **CAROLINA ABELLO**
Staff Writer

It was a chilly Sunday afternoon in Los Angeles and Beck Hansen was getting some groceries in the local neighborhood market. He wanted to cook his famous apple pie for his family. As he walked through the dairy aisle, he suddenly felt like the whole place fell into a disturbing silence. He looked around and continued to search for the lactose free milk. When he finally found the milk, he found out why everyone had suddenly fell into complete silence. It was Kanye West.

Beck could not believe it. He had not seen Kanye since

the Grammys and there had been quite a controversy around the two of them due to Kanye's appearance on the stage when Beck won 'Album of The Year' instead of Beyoncé. Beck was debating whether to greet Kanye when he suddenly heard "Yo, Beck wassup?" Beck felt like he was seeing a vision and blinked a couple of times before he could answer.

When he finally did, he said, "Hi Kanye" what a surprise to see you here at the local market."

Kanye quickly responded, "Listen man I'm glad to see you here. I wanted to get it straight with you."

Beck was even more confused he did not know if Kanye wanted to convince him to give his award to Beyoncé or if he wanted to apologize, so he just said, "Oh no, don't worry Kanye we should just leave that behind."

Kanye came closer to him and said in a lower tone of voice, "Listen man the truth

is that the Grammy's are a joke. They didn't even nominate 'Yeezus' for 'Album of the Year' last year and that is an insult to artistry. The real reason I got up man is a little personal you know, but I respect you and you got to know the real deal man cause you are a talented genius and I don't want you to take it personal. So this is the deal man, Kim is on this diet I suggested for Fashion Week and she only drinks Kale juice. You know that green stuff is nasty and gets your stomach all messed up. So with the anticipation of 'Album of the Year' and stuff, she accidentally farted and I couldn't handle it so I got up just when they announced the winner. I couldn't admit Kim had farted man. Anna Wintour would have never talked to me again. So I just got on stage and pretended as if I was going to talk but it was just because I could not take the smell. That is probably why Jay made that face

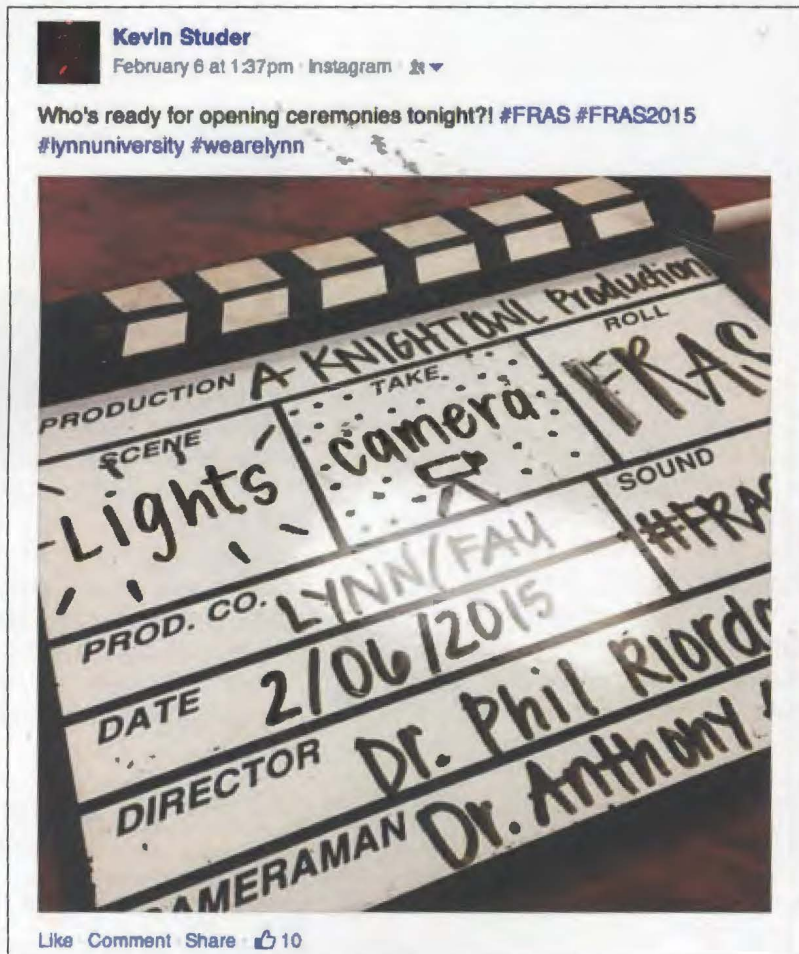
when he saw me up there cause of the stink."

Beck found it funny and laughed, but then saw Kanye with a serious face and stopped and replied, "Thanks man I really appreciate your honesty. I feel so honored and I think the stunt really made the Grammys more interesting," Kanye said. "Glad we got it straight, but don't tell anyone about Kim's accident or we gonna have some serious beef. Plus, nobody would believe you cause Kim is perfect so you would just look like a fool."

Kanye took the last lactose free milk and left without saying anything else. Beck had lost his chance to make lactose free apple pie, but had gained so much more instead.

Carolina Abello is a senior majoring in communications, media and politics. Abello created this fan fictional story herself based on current pop culture news stories. This column does not represent the opinions of the iPulse, but her personal thoughts and views.

#WeAreLynn



Above: Photos shared on social media websites recently that used the hashtag "WeAreLynn." Share yours now and see it here! LU Photos.

#WeAreLynn



Energy Maburutse added 2 new photos — at Lynn University.

February 6 at 2:29 PM · 🌐

UNICEF at Lynn University Club is glad to present the world's leading youth water activism organization, The Thirst Project. As most of you may know, almost 1 billion people around the world do not have access to clean water. But, if put in real terms, it is estimated that the aver... Continue Reading



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#LynnLax had some fun with @BocaPolice at Family Fun Day today
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Sigma Alpha Epsilon · Lynn University

January 18 at 3:25pm · 🌐

Shout out to Lynn University Athletics and Lynn University Men's Basketball for their huge road win against St Leo on national television. We enjoyed the opportunity to support you on the road this afternoon and look forward to the next w! #WeAreLynn #AllEyesOnLynn



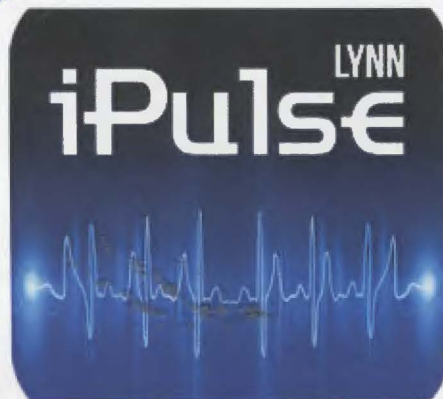
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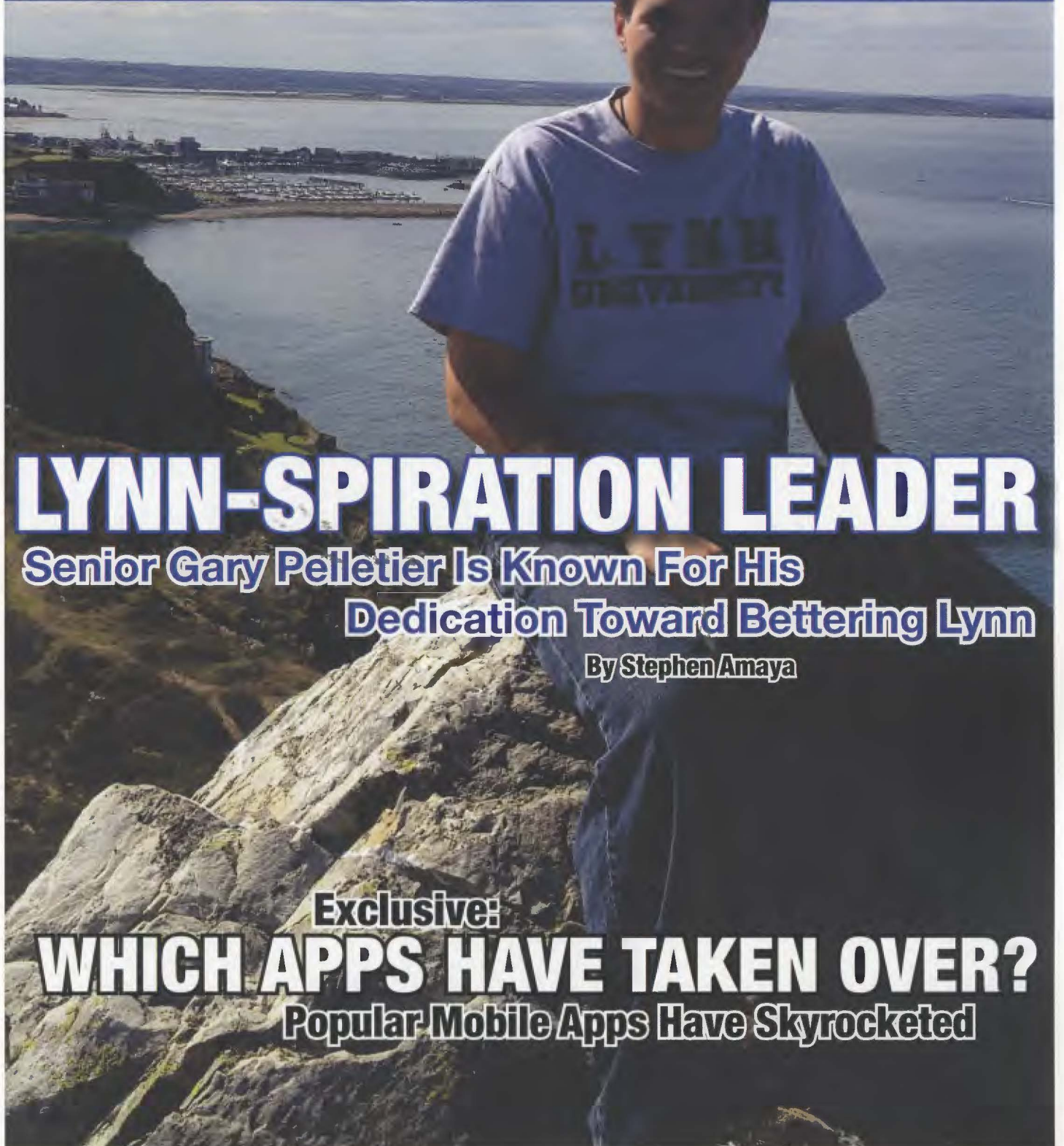
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Vol.15/ #10/ March 18, 2015



LYNN-SPIRATION LEADER

Senior Gary Pelletier Is Known For His
Dedication Toward Bettering Lynn

By Stephen Amaya

Exclusive:

WHICH APPS HAVE TAKEN OVER?

Popular Mobile Apps Have Skyrocketed

THERE IS AN APP FOR EVERYBODY

The Popularity Of Mobile Apps Has Skyrocketed In Recent Times

By **BEN SHAFFER**
Staff Writer

Mobile apps are the most used form of portable technology being used by all facets of society in today's world.

In today's day and age, people rely on mobile apps in their daily lives in order to stay up-to-date, keep themselves organized or for pure entertainment.

The vast majority of people today own a smartphone or a tablet and use a variety of different mobile apps.

The most commonly used mobile apps are social networking ones. Social networking is an important form of technology today.

It is not only used as a way of connecting people, but also as a way of bringing the world up-to-date with entertainment and news.

Social media apps are a wonderful means of staying in contact with people and seeing updates about the lives of loved ones.

"Mobile apps are always being updated, and

that keeps smartphone and tablet users always looking forward to new and exciting apps," said David Rotenberg, sophomore. "Technology is one of those things where you never know what is going to happen next."

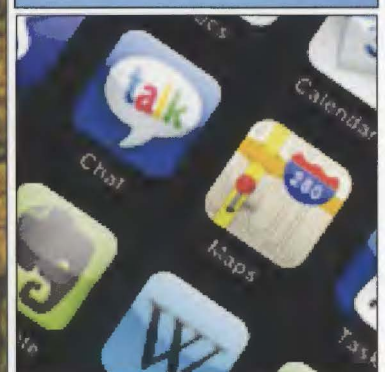
There are millions of apps which make it easy to access information from a mobile device on the go.

"Life is a lot easier now that I just have to tap an icon on my phone and I'm able to access everything," said Jonathan

Shaffer, junior.

Mobile apps are not going anywhere anytime soon. More apps are going to be created, and people will find newer and better apps that people can call their new favorite.

At the moment, the top apps that are being used are popular games such as Trivia Crack and social networking apps, Twitter, Facebook and Instagram. Over time, it will only get harder and harder to decide which apps to call a favorite.



Above: Apps are a very popular means of passing the time, having fun in today's modern society and are widely used. / Stock Photos.

HE IS A LYNN-SPIRATIONAL LEADER

Gary Pelletier Is Well Known On Campus For His Dedication To Lynn



Above: Gary Pelletier, senior, enjoys his time spent at Lynn especially as an active member of the campus community. / LU Photos.

By **STEPHEN AMAYA**
Contributing Writer

Gary Pelletier is no stranger on campus. Ever since his freshman year Pelletier has always been actively involved with student life.

Due to his large amount of commitment, he recently was awarded with the title of "New Student Leader of the Year."

Now as a senior, Pelletier is about to be graduating with a degree in business with two specializations in general and aviation management and a minor in psychology.

Pelletier has served three years as a member of Knights of the Roundtable, is a campus event coordinator for the Student Activities Board, a founding father and vice-president of Sigma Al-

pha Epsilon fraternity, a student ambassador and tour guide for the Office of Admission, a founding executive member of Order of Omega, an active member of Best Buddies and a Resident Advisor for two years before becoming a Community Advisor this year.

"I've gotten to do incredible things by being involved," said Pelletier. "I've gotten to attend numerous events and conferences across America, network and meet very influential people during the Millennium Campus Network, learn from other student leaders and create change on campus for all students."

Even with his busy daily schedule, he still manages to make the Dean's List and be inducted into the

Order of Omega, the national honors society for students involved in Greek Life.

Aside from being involved, he has also traveled abroad to Ireland and immersed himself in a different culture that helped him gain a new perspective.

"Traveling abroad opened up my horizons and I'm truly grateful for the experience," said Pelletier. "I came back feeling new and improved; I had the time of my life."

Pelletier is a Rocky Hill, Conn. native with an impressive service background. Prior to coming to college, he was involved with his local Fire and Rescue Department, where he still remains active today.

He has also traveled to third world countries

to help the less fortunate. Pelletier continues to do community service throughout the semester with his fraternity brothers and other organizations that he is a part of.

"Being a founding father of my fraternity was truly a highlight for me," said Pelletier. "I cemented a bond with friends whom I knew I would be there for me like brothers no matter what. It's one of my proudest moments in college."

Following graduation, Pelletier will attend graduate school in higher education administration in student affairs.

"Lynn will always be my home away from home. It's where I learned to be a better leader, a stronger student, a brother, a friend, a grandpa and a part of a global community."

RAND PAUL HAS FILED A LAWSUIT

Paul Is Filing a Lawsuit Against President Barack Obama and the NSA



Above: The tensions and controversies continue between Senator Rand Paul, President Obama and the NSA. Stock Photos.

By **JOSHUWA DEAL**
Staff Writer

The Fourth Amendment of the United States Constitution prohibits unreasonable searches and seizures and requires any warrant to be sanctioned by a judge with the support of probable cause.

Kentucky Senator Rand Paul released a YouTube video on Feb. 10, comparing today's government surveillance to the warrantless searches practiced by the British Military prior to

the revolutionary War and American independence.

"The lesson of the American Revolution was that this should never happen again, and yet the NSA's data collection program is the modern equivalent of this practice," said Paul. "Paul Revere rode through the streets to tell us the British were coming, not the Americans are coming."

The lawsuit being filed by the senator has James Clapper, director of National Intelligence, Keith

Alexander, director of the National Security Agency, James Comey, FBI director and President Obama as defendants.

"We have assembled a legal team and we expect to be opposed by the vast resources of the federal government," said Paul. "I am optimistic that we will prevail, because we are seeking to protect a cornerstone of the Constitution."

Throughout his entire political career, Paul has made civil liberties of the

American people one of his main concerns. This lawsuit will most likely help Paul's chances at re-election for the 2016 term, or potentially a presidential bid if he intends to aim even higher. When asked about reelection for the 2016 term, Paul ignored the question by saying, "We're talking about the court case, not politics." The lawsuit was filed by Paul at 11 a.m. on Feb. 11. Paul filed the lawsuit as a private U.S. citizen at the Washington D.C. District Court.

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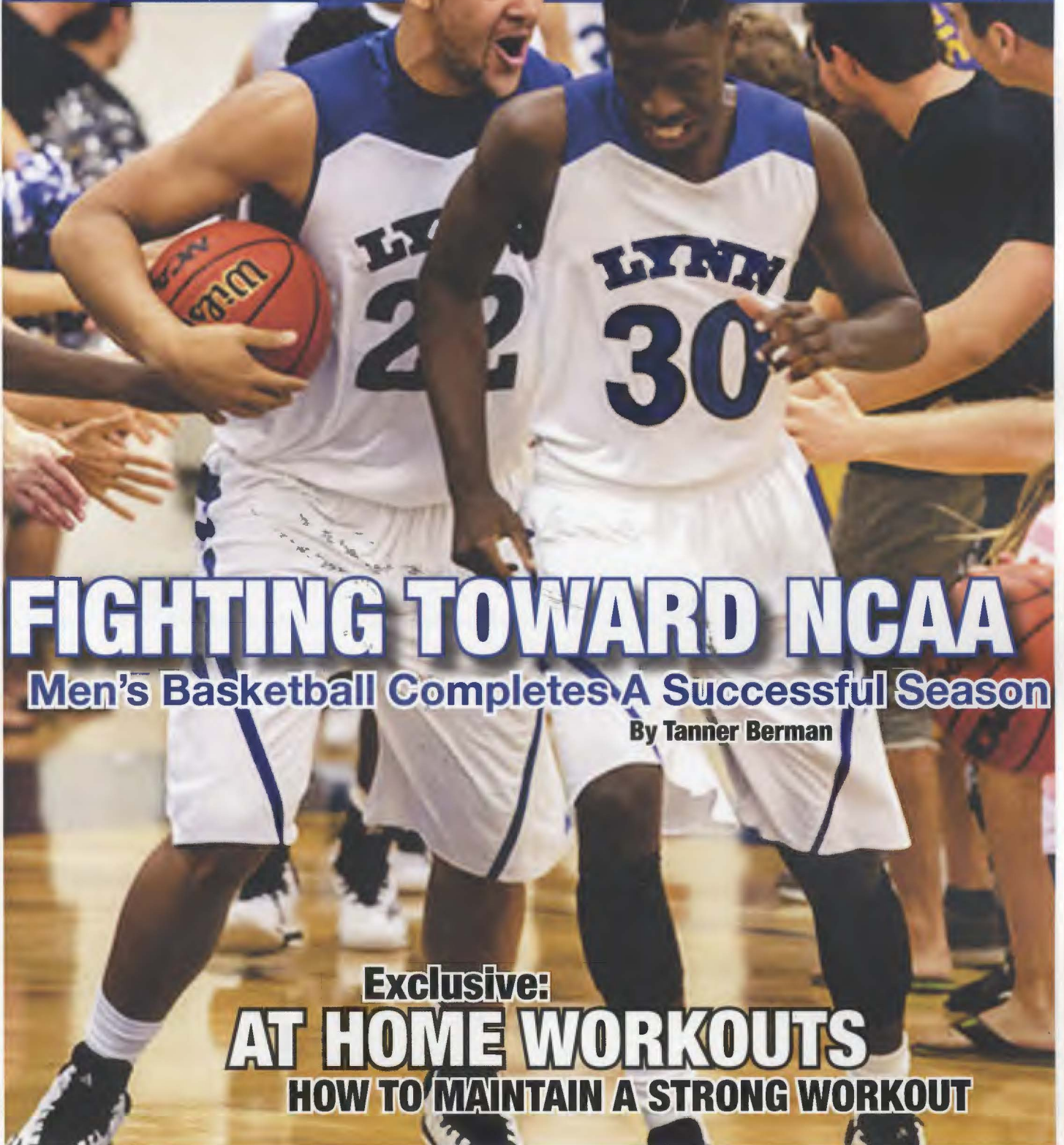
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THE DAILY NEWS OF LYNN UNIVERSITY

3601 North Military Trail Boca Raton, Florida

Vol.15/ #9/ March 17, 2015



FIGHTING TOWARD NCAA

Men's Basketball Completes A Successful Season

By Tanner Berman

Exclusive:

AT HOME WORKOUTS

HOW TO MAINTAIN A STRONG WORKOUT

AT HOME WORKOUT WITH NO GYM

Tips On How To Maintain A Strong Workout Without Any Equipment

By **ANASTASIA SUBERVI**
Staff Writer

Since having easy access to a gym is circumstantial, working out at home has become popular amongst people who are working toward getting in shape because it is more convenient.

"You can do exercises without [gym equipment], sometimes it is even better because you workout [solely] with your own body," said Camila Hadad, senior.

As many students cannot afford going to an outside gym or do not feel comfortable working out at one on campus, it is important to understand that exercising is an important part of mental and physical wellness. It is a way to clear one's mind, body and disposal.

Exercising can happen anywhere at anytime. Many have not realize that they can even workout in their own room. Aerobics, jumping jacks, burpees and arm and leg exercises can be done with just a yoga matress in a small space.

Squats, jogging in place, crunches and dancing also can become an easy routine at home.

"I have done exercises in my room; it is possible," said Maria Cardenas, junior. "I have done some stuff [such as] Insanity."

Even though individuals think that working out at home will not give them the proper amount of results, they are completely wrong.

"I have not done any kind of exercising in my room but I would definitely do it now," said Rafael Pineda, junior. "It is easier and I do



not have to go out."

It has been proven by experts and personal testimonies that people can see more results if they workout at home.

It is important to highlight that these types of exercises include cardio and muscle builder sequences.

The trick when doing these workouts is to know how to combine each movement together. Check out videos online of experts explaining how to do the best workout routines at home.



Above: Working out can be easy for individuals who do not have access to a gym. Stock Photos.

FIGHTING CHANCE AT NCAA TITLE

For The First Time In The Past 10 Years, Men's Basketball Went To Semi's

By **TANNER BERMAN**
Staff Writer

The men's basketball team has not been this good since the 2004-05 season, which was the last time the Fighting Knights made a visit to the NCAA tournament.

The team finished fourth in the regular season of the highly competitive Sunshine State Conference and made a successful run throughout the SSC tournament defeating Florida Tech 84 to 83 in an overtime thriller, only to be knocked off by the number one team in the country - Florida Southern Mocs - in the semi-finals.

For the first time in 10 years the Fighting Knights have claimed their spot in the NCAA tournament finishing sixth in southern region, and Head Coach Jeff Price is looking to end the season with a strong finish.

"We're in control of our own destiny," said Price. "So it's easy to look and see where

we're going to finish."

Winning is something that the men's basketball team has struggled with for the past nine years, not eclipsing the 20 win mark since the 2005-06 season. Price is hoping to move forward as he attempts to pass that mark by the end of the season.

A large part of the Fighting Knights game is attributed to their defensive skills as a team. Price believes that a strong defense will dictate the amount of the teams success throughout the pursuit of extending the teams post-season.

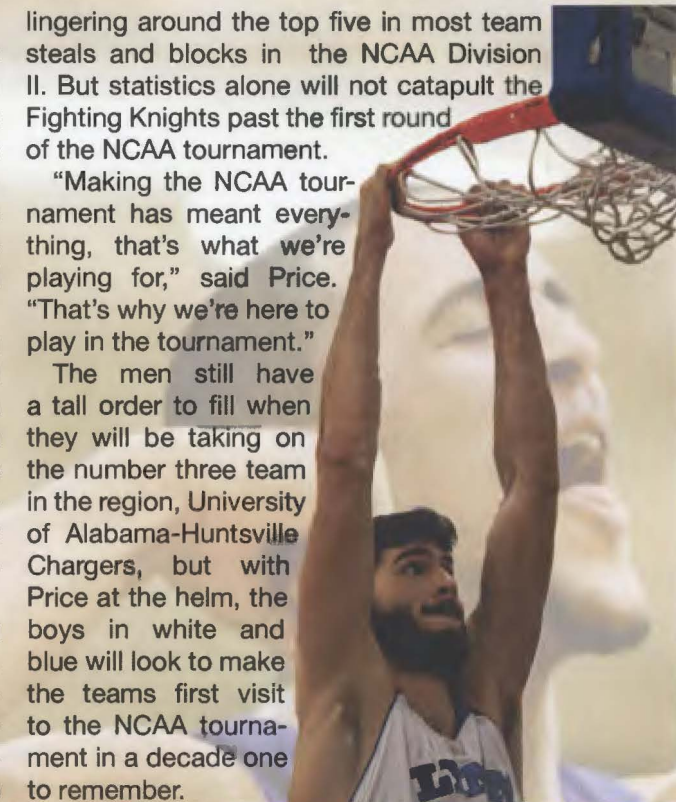
"I really feel like this team is peaking at the right time, which I think is really important," said Price. "Our defensive effort has been really good and we continue to stress on winning games on the defensive end of the floor."

Throughout the majority of the season, the Fighting Knights defense has ranked up with some of the best teams in the country. Lynn is

lingering around the top five in most team steals and blocks in the NCAA Division II. But statistics alone will not catapult the Fighting Knights past the first round of the NCAA tournament.

"Making the NCAA tournament has meant everything, that's what we're playing for," said Price. "That's why we're here to play in the tournament."

The men still have a tall order to fill when they will be taking on the number three team in the region, University of Alabama-Huntsville Chargers, but with Price at the helm, the boys in white and blue will look to make the teams first visit to the NCAA tournament in a decade one to remember.



Above: The men's basketball team finishes one of the most successful seasons that they had in the past nine years. LU Photos.

VIRTUAL VIDEO GAME HEADSET

The Future Of Entertainment Immersion Starts Now With Oculus Rift



Above: Technology has been taken to a new extreme where a virtual headset with a field view of gaming landscapes. Stock Photos.

By **JOSHUA DEAL**
Staff Writer

The Oculus Rift is a product being provided by Oculus VR, that is a virtual headset produced specifically for immersed video game experiences. However, when one wears the headset they gain high definition with a complete field of view of the gaming landscape that is 360 degrees.

Unlike a television screen where everything is formatted in front of the viewer, the Rift allows the viewer to turn

their head to see everything around them, much like in reality. The Rift is so immersive that in 2014 Oculus VR allowed for veteran WWII fighter pilots to experience the Rift in order to simulate flying a fighter plane once more; the press' reaction was staggering due to the realism that the Rift provides.

Gaming and technology experts speculate that the Rift is an example of the future with console gaming.

Oculus VR has been perfecting their product since 2012 and will allow for a con-

sumer version to be sold at the standard price of \$300 in 2016.

To prepare for the competition of the PS4 and Xbox One, the company has created many testing sites for the public and tech critics at festivals and conventions. Most recently the Rift was at Sundance Film Festival where they allowed the public to view a short film called "Lost" using the headset.

The short film had viewers walking in a forest and when sounds are heard from their direction they must turn

and react to them, creating a unique narrative about a lost entity in the forest. This exposure leads many to believe that the Rift will not limit itself to video game media alone but will possibly transition later into film experience immersion as well.

It seems that with technology constantly improving, the public will never be satisfied and perhaps that is the key to progress. The Rift turns gaming into reality and raises the public's standards for entertainment immersion significantly.

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THE DAILY HEARTBEAT OF LYNN UNIVERSITY

3601 North Military Trunk Road, Ft. Lauderdale, Florida 33431-5598

Vol.15/ #8/ March 19, 2015

LYNN'S OWN "BRO-PEN"

Men's Baseball Team Gears Up For This Season

By Tanner Berman

Exclusive: "INSURGENT" HITS THEATERS

A Review On One Of This Year's
Most Anticipated Films

MEN'S BASEBALL SEASON HITS OFF

The Fighting Knights Baseball Team's Bullpen Could Be Unstoppable This Season



Above: The Fighting Knights have prepared for this season with a team that is fully ready to take the competition by storm. LU Photos.

By **TANNER BERMAN**
Staff Writer

The Fighting Knights baseball team has kick-started their season with a team of star athletes.

Most of the returning players usually congregate in the right field corner, hurling fastballs and working on their mechanics. This group of relief pitchers calls themselves the "bro-pen."

The entire bro-pen is made up of juniors and seniors. Most of these pitchers have plenty of experience on the field.

Probably one of the most battle-tested pitchers in the pen is left handed, AJ Falleta, who has been a staple in the Fight-

ing Knights bullpen - an area for pitchers to warm up - for years.

"It's going to be pretty interesting, there's a lot of left handed hitters in the conference," said Falleta, senior. "I just spoke to Coach Garbalosa and he wants me start working on a few things specifically for conference play."

This left handed specialist will be turned to during critical moments throughout the season during situational play, especially against opposing left handed hitters.

Headlining the bro-pen this season is the Fighting Knights senior who closes the game, Bill Mendek.

Coming off a monster

season in which he only gave up five earned runs the entire season while collecting seven saves and posting an earned run average (ERA) of .77, Mendek and his bullpen are looking to keep the same approach as last season.

"Honestly I'm looking to do the same thing I did last year," said Mendek. "Our bullpen thrives on the team and we really take pride in what we do. We try to keep the momentum on our side."

The pre-season All American will be an important cog in coach Rudy Garbolosa's plans for the remainder of the season.

Even though the returning players will anchor the

bro-pen, the pitchers who are within their first season as a Fighting Knight will play a major role as conference play approaches. Mendek admires the way his teammates carry themselves when doing work on the mound.

"They have a good demeanor," said Mendek. "They go out there and they want to be fierce, not show their emotions and just get guys out. That's what we're looking for."

The bro-pen and Fighting Knight's baseball team have a long road ahead of them, but like every season Coach Garbalosa and the team are ready for whatever is thrown their way.

"INSURGENT" SURGES INTO THEATERS

Shailene Woodley Leads An All-Star Cast In The Sequel To The 2014 Hit



Above: Theo James (Four), Miles Teller (Peter) and Shailene Woodley (Tris) shine in "The Divergent Series: Insurgent." Stock Photo.

By **BROOKE RUDISILL**
Editor-in-Chief

For those who have read the "Divergent" trilogy written by best selling author Veronica Roth, they will most likely be shocked to see all of the changes within the film adaptation. Roth has been very vocal about her opinions on her social media accounts regarding all of the modifications. She believes that these changes keep the plot flowing seamlessly and without them, some of her favorite scenes would not make the final cut.

"Insurgent" picks up right where "Divergent" left off. Tris (Shailene Woodley) is seeking shelter in Amity, one of the five factions, with Four (Theo James), Caleb (Ansel Elgort) and Peter (Miles Teller). While there, Tris is slowly deteriorating from posttraumatic stress disorder with vivid nightmares

after witnessing the death of both of her parents, and having to live with the guilt of killing her best friend Will.

Tris' character development drastically shifts in this film. Little does the audience fully understand Tris' emotions in "Divergent," but this time around Tris is severely struggling with inner demons as she incriminates herself for the deaths of her loved ones.

One of the major changes in this film is the box in which Jeanine (Kate Winslet) is trying to open. It withholds a message from the founders of the faction system and can only be opened by a Divergent. While Jeanine is searching for the strongest Divergent who can pass five simulations without dying, Tris and Four remain fugitives who must undergo a truth serum at the Candor headquarters to declare their fate.

Woodley pulls the audi-

ence in with a gut wrenching star performance while Tris is under the serum. She is struggling to hold in all of her secrets but cannot manipulate the serum enough to hide the fact that she had killed Will, leaving Four and Christina (Zoë Kravitz) speechless.

Four and Tris' relationship is solely built on truth and respect, but it is nothing close to perfect in "Insurgent." The film lacks the grasp of how rocky their relationship really is and rarely shows how many walls they put up against one another.

What makes up for the loss of scenes devoted toward the chemistry between the characters are the incredible computer-generated imagery (CGI) effects. New director, Robert Schwentke, fully takes this film's graphics to a whole new level, not only exceeding in 3D effects, but also creating a torturous world shown

in simulations.

Along with great cinematography, this film is filled with class act talents such as Academy Award winner Octavia Spencer (Johanna), Naomi Watts (Evelyn) and newcomer Keiynan Lonsdale (Uriah).

Teller is also a major scene-stealer. With a limited amount of screen time, Teller fully amplifies Peter's characteristics with an outstanding performance, sizing up to Woodley and James.

Every day that Tris does not surrender herself to Jeanine, an innocent dies. Filled with guilt, Tris must find a way to save those around her, even if it means sacrificing herself. In order for Tris to fight back and destroy Jeanine's plans, she must first destroy her own inner demons.

"Insurgent" hits theatres tonight with premieres starting at 8 p.m.



To view the iPulse online, visit
www.lynnipulse.org

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PALM BEACH SUNS COMES TO BOCA

The Premier Development League Has Added The Palm Beach Suns

By **CHRIS HELLMANN**
Staff Writer

Since the FIFA World Cup 1994 was held in the United States, soccer has been on the rise in the country of unlimited opportunities.

There are more soccer clubs opening all over the country because so many kids want to play.

One of the newest teams is the Palm Beach Suns, who will now belong to the Premier Development League (PDL).

The PDL is one of the

only leagues that allows college students to play over summer and compete at the highest amateur level without losing their college eligibility.

The Palm Beach Suns will be located in Boca this upcoming season. The opening of the Palm Beach Suns is another bonus for the outstanding work of the Sunshine State Conference.

"The Palm Beach Suns are a new franchise that is opening up in a hot bed of soccer talent in South Florida," said Anthony Desperito, Lynn Men's Soccer Assistant

Coach.

The Palm Beach Suns are filling a gap of semi-professional soccer in Palm Beach County. Another interesting fact about this team is that they might want to use Lynn's Bobby Campbell Stadium as their home stadium. The Fighting Knights men's team was unbeaten in the first ever season played at the Bobby Campbell Stadium.

The combination of being located in Boca Raton and potentially using Lynn's stadium obviously makes the Suns even more lucrative

for Lynn players to play over summer.

Some student athletes would love to play for the Suns in the upcoming summer.

"The Suns are looking forward to the future of stepping into the professional ranks," said Desperito. "Also they want to provide competition and rivalry for Orlando City FC."

The Suns will also provide a high level of soccer for Boca Raton and Palm Beach County citizens over summer as an event for everyone.



Above: The Palm Beach Suns will now belong to the Premier Development League playing in Boca this season. Stock Photos.

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*"It is difficult to
imagine leaving a
world and lifestyle
that has been lived
for so long."*

Plus:
Buddhist Monks
Professor Halloran
"The Gunman"

WHEN IT IS ALL GONE

What Happens When An Athlete's Career Ends

By CLAIRISSA MYATT

Exclusive:

WOMEN TODAY

The Women Center's Second Annual Luncheon

STUDENTS GO GREEN IN MIZNER

Mizner Park Was The Hot Spot For Students Celebrating St. Patrick's Day

By **ANSON WALLER**
Photographer

St. Patrick's Day is one of the most celebrated days of the year and there is no better place to celebrate than outside in the beautiful area of Mizner Park.



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**READER
OF THE
WEEK**



**JOCELYN
GRAYSON**

Student Life

STUDENTS ATTEND WOMEN TODAY

Women's Center Hosts Second Annual Luncheon Celebrating Women

By **VICTORIA DE LA CRUZ**
Staff Writer

Lynn's Women's Center Advisory Board proudly hosted the second annual Women Today luncheon in honor of Women's History Month on March 14.

The event focused on empowering women and celebrating all of their opportunities and successes. It consisted of four esteemed speakers and panels of dynamic leader in different areas, such as education, healthcare, business and social action. After the speakers were done talking, there was a question and answer session where students, faculty and staff were given an opportunity to ask any questions to the panelists.

"Women, you are special, you are incredible, you are resilient," said Dr. Corey King, Vice President for Student Affairs at FAU.

The first speaker was President Kevin M. Ross. Followed by King, Laurie Levine, Lynn's Vice President of Finance, Wendi Blum, author and international speaker, and Debra Robinson, Director of Internal Medicine at the West Palm Beach Medical Center.

The panelist shared wonderful insights. Throughout their lives, they had many experiences that taught them different lessons about women's position

in the world. Even though there was a male among the speakers, he provided one of the most interesting insights.

Levine shared some information on The Leadership Landscape. She mentioned how women account for 51 percent of graduates in the country, but not the same percentage hold important positions in the country.

"The goal is to improve women positions in the office," said Levine.

Above all, the panelist taught something very important to the young women sitting in the audience. They encouraged them to be different, to be brave and above all to be unique.

"Even the word impossible says I-am-possible in those words," said Blum.

Women are a very important part of society; they are mothers, entrepreneurs, friends, writers, daughters and more.

Charlotte Muriel, coordinator of the women's center and the mastermind behind this event, shared some information regarding the influences that the women's center has had on both the men and women of the Lynn community.

"Students have participated in various programs and events, such as the Bystander Intervention Program, Women Today luncheons, poster campaigns, The Vagina Monologues



Above: The Women Today Luncheon. Staff Photos/V. De La Cruz.

production and Walk a Mile In Her Shoes, to name a few," said Muriel. "Students are made aware of gender violence issues and the issues that face [college aged] men and women on our campus."

One of the most influential

ways to inspire young females to stand up for themselves is to, "Have a mentor," said Muriel. "Someone that they look up to, someone who is in a position that they would like to be in one day, and keep that relationship."

Around Lynn

BUDDHIST MONKS LEAVING LYNN

The Monks Spent Their Time Teaching The Community Their Culture



Above: The Buddhist Monks spent their time creating the Akshobhya mandala on the second floor of the library Staff Photos/E. Perez.

By **ESTEFANIA PEREZ**
Staff Writer

This week, Lynn had the honor of hosting a group of six Buddhist monks on campus who came all the way from India to share their culture and tradition.

Originally from Tibet, the monks exiled and moved their monastery all the way to India. Since then, they have traveled around the world to share their religion with other cultures.

Throughout the week, they worked on their sacred painting, which is a man-

dala made out of grains of sand. The mandala, the Akshobhya, represents peace and conflict resolution.

"The mandala represents the universe and the heart of the mandala is the temple of Buddha, where he habits," said Geshe Loden, monk. "It is a sign of compassion and love."

The mandala is a blessing that the monks wanted to give to Lynn as a sign of gratitude for inviting them and having them on campus to spread the word of their religion.

The monks lived on cam-

pus for the entire week and participated in different activities around campus, including a bonfire with students and playing basketball. Terence McCorry, the Director of Spiritual and Religious Life at Lynn sponsored their visit.

At the end of the week, there was a closing ceremony with music and a procession from the library to the lake, where the mandala was destroyed. Some lucky students even received a glass vile with some of the sand from the actual mandala. The rest of the sand

was thrown into the lake.

"The mandala sand painting is a symbol that nothing in our lives is permanent, not our relationships, not our work... it all goes away at some point," said McCorry.

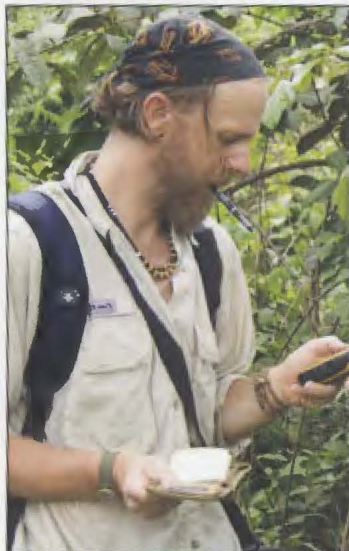
The group of monks thoroughly enjoyed their time at Lynn and were very grateful to have visited.

"We've been to different colleges before, but what we liked about Lynn is that the students are very nice and people are open minded," said Geshe Loden, monk.

Around Lynn

FROM LYNN TO THE SIERRA LEONE

Professor Andrew Halloran Brings The Sound of Chimpanzees To Lynn



Above: Halloran. Stock Photos.

By **HAUWA INDIMI**
Contributing Writer

Andrew Halloran, the author of the lively book "The Song of Apes," is an animal behavior professor here at Lynn. Halloran grew up in a small vibrant town surrounded by engineers. However, Halloran was struck by the nature part of

his town.

"There were a lot of very interesting natural elements in Titusville. There were manatees and horseshoe crabs in the river, dolphins along the coast and even alligators that lived in the swamp behind my house," said Halloran. "In fact, one ate our dog."

Halloran is a primatologist who specializes in primate vocal communication. He earned his PhD from Florida Atlantic University. Having spent time observing chimps in Sierra Leone for almost a decade, Halloran has held talks about one of his greatest passions - the intelligence of chimpanzees.

His focus on how intelligent animals, such as chimps are, has led him to realize that animals do better in their natural habitats. Halloran believes that animals like cats and dogs can make great pets. However, he thinks other animals should not be domesticated.

"Monkeys require socializing with other monkeys to learn how to behave, eat, communicate, etc. When you isolate them, they no longer learn these essential things. Therefore you have an animal that is nothing like a monkey you would find in the wild," said Halloran.

He emphasized his opinion on how isolating such animals is as isolating a

baby human.

"If you love these animals, you cannot have them as pets," said Halloran. He feels that working with students, as a professor is one of the best ways to raise awareness about the environment around us and at the same time helping the animal population. "I think one of the benefits of teaching something like Animal Behavior as a Scientific Literacy course is that I get to teach non-majors who may have very little knowledge, or even interest, in animals."

He holds programs that enable students to work first hand to help animals.

"For our program in Environmental Studies, we have an amazing group of students who are deeply committed," said Halloran. "We have two students working at a chimpanzee sanctuary [for retired laboratory chimpanzees], we have several working at Gumbo Limbo preserve, among others. Some of our students have done projects at Lion Country Safari."

He adds that other students are looking into internships at aquariums. Halloran mentioned that the beauty of being on a small, close-knit campus like Lynn is that the university could put on a program like this - where students can be active participants in what they are learning.

Cov



By **CLAIRISSA MYATT**
Copy Editor

Since birth, I am pretty positive that I always gave my parents a run for their money. Whether it was the trouble I would get into, the comments that came out of my mouth or the hobbies that I chose. Having four siblings ahead of me, it was already figured how I would pursue my life.

With both of my sisters being cheerleaders and two of my brothers being the town's star basketball players, it was assumed that I would pick one of those activities and run with it. But being the kid who always had to do something "different," I decided to play softball, something neither of my parents grew up coaching or watching.

This is the point in the article where you are all probably scratching your head going, "Softball? I thought a swimmer was writing this article." Don't worry; you are in the right place, just hang in there.

You see, it is because of softball that I



Above: Clairissa Myatt has been in the pool since birth and throughout college. LU Photos.

Story

WHAT HAPPENS AFTER IT IS GONE

Clairissa Myatt Questions What The Future Holds Next After Swimming

found the second sport neither of my parents knew anything about. I was eight-years-old when I took a line drive to my left eye nearly costing my life. One hemorrhaging brain, multiply skull fractures and a broken nose later, I found the love of my life: swimming.

One year later and a newfound fear of balls, my father took me to my first swim meet at the University of Akron, the local university to where I lived in Ohio.

I still remember as if it was yesterday. There is nothing quite like the sounds and smells of a swim meet. Walking up to the door to enter the viewing deck was like the calm before the storm.

As soon as the doors opened, a huge whiff of chlorine filled my nostrils and my ears buzzed with the sounds of whistles, cheering and coaches screaming at their athletes to swim faster.

The stands were built up high over looking the pool. The railing filled with parents and fans all yelling for their sons, daughters and friends to keep going.

The one memory that sticks in my mind the most however, is when I could not see due to the standing fans. My dad was yelling at them to be seated, but given the atmosphere no one would have it. Until finally one man turned to my dad and said, "That's my daughter down there swimming." My dad looked at me as if to say, "Do as I say, not as I do," and with that he turned to the man and said, "Yeah well mine is too, so scoot over we can't see."

At the end of the meet, he looked at me with a serious expression on his face and asked me if this is something I really wanted to do. There was something about the look in his eyes when he asked me that question that I felt as if I was signing my life away, making a decision that would last for years or even decades to come. With one swift gulp I nodded and told him yes.

Usually people would say "Little did I know that I would be swimming 12 years later," but as I said, I knew that day that

when I told him I would become a swimmer it was a commitment.

Similar to when people are in relationships and they become known as "so-and-so's girlfriend or boyfriend" I became known as the swimmer. It was my identity, and still is to this day.

Swimming has been both the solution and ache to my problems throughout my life. Looking back I remember cursing my wide shoulders, muscular legs and poor posture. To society, they were flaws that needed fixed and being a female it made things hard.

But being 21 now, I have a new outlook and appreciation for things. Instead of cursing my body for what it is not, I thank it because without my wide shoulders I would not be able to pull myself during butterfly. Without my muscular legs I would not be able to drive my kick to the finish. It is because of those things that made my swimming career feasible.

Swimming taught me that your body is an outstanding machine, and you need it to do what you do.

It is because of the sleepovers that I had to miss that I have learned what it means to sacrifice. It is because of the tears that I have wept over lost races that I've learned what it means to be determined. It is because of the pain endured that I've learned what it means to be strong. It is because of the countless hours put in that I have learned what it means to be committed.

For more than half of my life, I have been a swimmer. With graduation coming, I have to say that I am terrified. When younger, your battles figuring out who you are, what you stand for and your identity; I never worried about it until now.

"What do I do now?" is the only thing that pops into my usually busy mind when I think about life after swimming. What will I fill my time with? What will I tell people I do? These are the questions that haunt my mind.

It is difficult to imagine leaving a world

and lifestyle that has been lived for so long.

The withdraw from an athletes training and competition all raises the same concerns no matter what the sport is: the physical crisis of losing an athletic body, the fear of living with regrets over unfulfilled dreams and goals and feeling a disconnect with the teammates that you had spent what felt like every hour of everyday for the past years.

The biggest adjustment that will be faced personally is the freedom of time. Swimming has taught me such diligence and I have lived by such a strict schedule my whole life.

Everything has been planned, our whole lives have had a plan. As athletes we had to be enrolled in a certain number of credits, we were told where to be at an exact time, what to eat, what to drink, the list can go on. Suddenly, it is a blank slate.

You are used to the grind, the early mornings and spending time with people you enjoyed doing something you loved with no matter how much you wanted to hate it. And then, it is over.

The cold hard truth is, no matter if an athlete goes professional or not, everyones athletic career has to come to an end. To find a schedule, to find a way to manage your diet and fitness alone, it is like starting a new life.

If there is anything I have learned as my swim career comes to a close, is to not fret for my future like I have been: for who I will become and how I will get there, or what any of that really means, but to cherish that it happened and to the new adventure that will be starting. To the new Clairissa, I will soon find.

"I'm not sure what I'll do, but-well, I want to go places, and see people. I want my mind to grow. I want to live where things happen on a big scale."-F. Scott Fitzgerald.

Clairissa Myatt is a senior majoring in multimedia journalism. This column does not represent the opinions of iPulse, but her personal thoughts and views.

Local News

VIRAL VIDEO REVEALS CORRUPT OFFICER

Ft. Lauderdale Police Officer Slaps Homeless Man While Confronting Him

By **BROOKE RUDISILL**
Editor-in-Chief

A viral video surfaced on the Internet on Feb. 22 showcasing Ft. Lauderdale Police Officer Victor Ramirez aggressively slapping a homeless man, Bruce Laclair, in attempt to remove him from the premises in Fort Lauderdale.

In the 5 min. 11 sec. video, it shows that Ramirez starts to escort Laclair out of the bus terminal, but within 15 seconds Ramirez shoves Laclair straight to the ground making him collapse.

After Ramirez asks Laclair to stand up more than once, Ramirez gets angry and slaps Laclair straight in the face. He then proceeds to grab Laclair and put him in handcuffs.

Ramirez is currently on paid leave until the completion of an internal and criminal investigation.

Back in August 2012, Ramirez had hit a different homeless man while trying to remove him from, ironically, the same Broward County bus terminal. Vera Brown, a witness at the time, recently stated that history seems to be repeating itself for Ramirez.

Documents show that Ramirez has previously been known for having aggressive behavior toward his suspects. Broward News Times was the first publication to obtain these recent documents. It was stated that Ramirez had shoved a handful of individuals over the past nine years while working for the police department. Some

of those reports were done when Ramirez was off-duty at the bus terminals.

During a press conference, Lee Feldman, City Manager of Fort Lauderdale, stated, "It is not representative of the types of actions that anybody wants our police department to be perceived as conducting."

Ramirez has not received any discipline while working for this police department over the past nine years until now.

This video has made a tremendous amount of impact on the image of how Broward County police officers view and treat the homeless. Since the video, many statements have been released on how this type of behavior is very common.

"We have some problems about misconceptions on how we treat the homeless," said Feldman. "Clearly there's only one side of the story that has been told."

During the press conference, it was stated that Ramirez has indeed attended annual training for the past nine years. Throughout the week of training, officers go over the correct use of force and how to apprehend a suspect the proper way.

The footage clearly shows the intentions that Ramirez had at the time and not once does Laclair make any moves to hurt Ramirez or escape. This is only the beginning of digging up the dirt on what type of police department Broward County truly has.

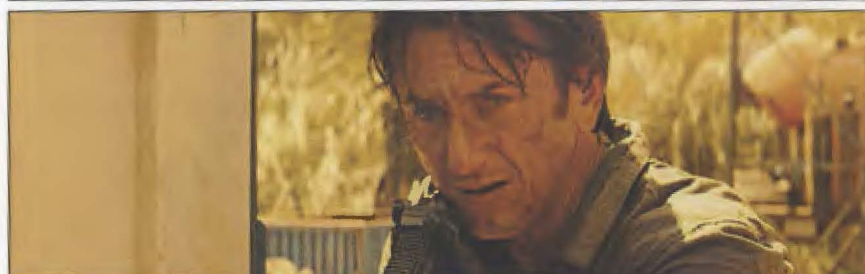
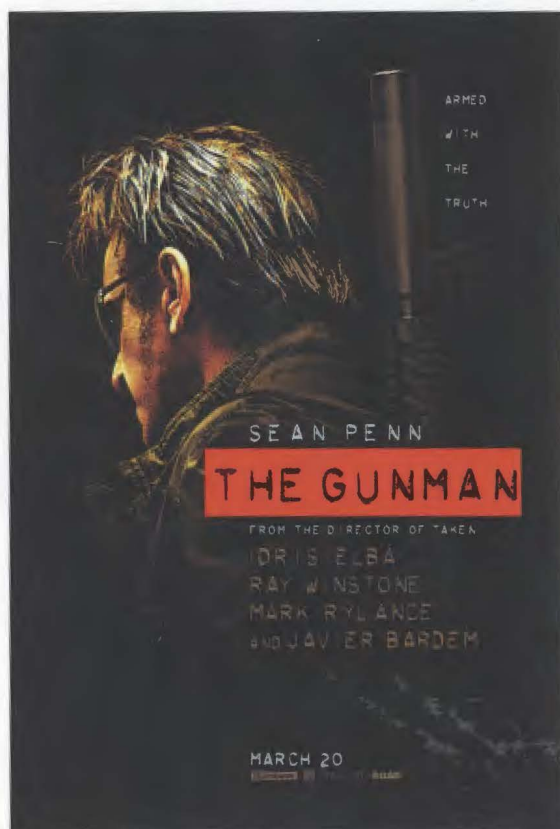


Above: The video of Officer Victor Ramirez has gone viral online and has been featured on several news outlets. Stock Photos.

Entertainment

ALL THE "GUNS," BUT LITTLE AMMO

Sean Penn Fails To Capture Audiences As A Middle-Aged Action Star



Above: "The Gunman," which just hit theaters, stars Sean Penn in the title role while Ray Winstone and Javier Barden co-star. Stock Photos.

By **JOEY HEFFERAN**
Staff Writer

How many times have we heard the age old saying that our past will come back to haunt us? Probably somewhere near the amount of times we have been reminded just how badass Liam Neeson is.

With the astronomical success that the "Taken" franchise has seen by recycling the same basic premise back to back to back, it was only a matter of time before someone else tried to take advantage of an

apparently time tested formula.

Unfortunately that someone was Sean Penn, who, at the age of 54, plays the role of Jim Terrior, an ex-mercenary whose past comes back with the vengeance necessary for several hard hitting fight scenes, explosions, and more than enough plot twists to please even M. Night Shyamalan.

Along the way, Jim must confront the mental toll his past has placed on his psyche, while fighting for his life against those wishing to cover up their

involvement in an assassination that sparked a tumultuous civil war in the Congo.

It's this third world setting that tragically ushers in some rather obvious subtext in reference to third world exploitation, which feels a bit forced at times. However, this may not be nearly as forced as the notion that Penn may be the best built 54-year-old to grace the silver screen, a theme almost subliminally reinforced throughout movie's entirety.

In fact, I find myself dealing with an internal debate

over what was more unnecessary: a bullfight in Barcelona, an area that outlaws the sport, or Penn's apparent need for shirtless exploits and 80's styled cigarette puffs.

With this being said, the film is certainly worth watching if for no other reason than the fact that "Taken 4" is beyond the realm of possibility. It delivers the necessities expected of a typical action film, but the preachy, often cheesy dialogue accompanied with the constantly underdressed Penn, leaves much to be desired.

#WeAreLynn

Jeff Price @coachjeffprice Feb 21
Tough loss to No. 1 ranked Fla. So. Heads up, on to the next. 18-6 on the season with 2 left. Driven to get to 20 and postseason! #WeAreLynn

FAVORITES

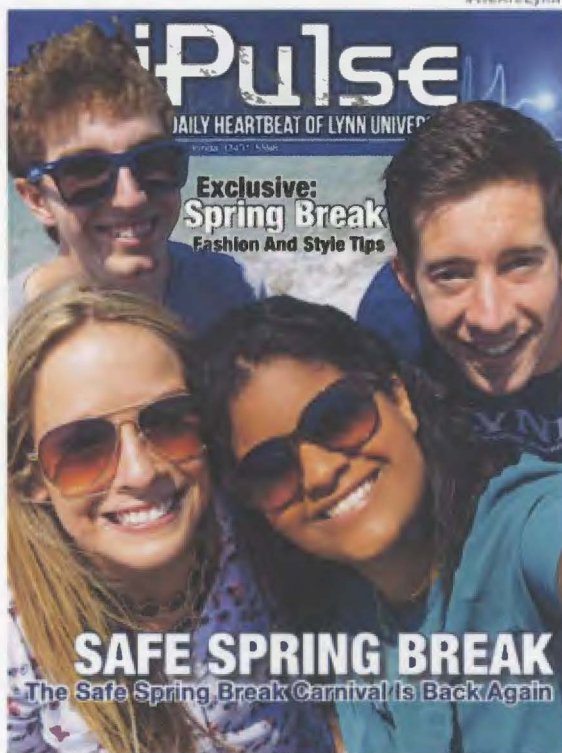
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11:02 PM · 21 Feb 2015 · Details



Lynn iPulse @iPulse · 34s

Have you picked up your #SafeSpringBreak iPulse yet? Get them before they run out!! #wearelynn #LynnUniversity



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48 likes

brookerudisill Honors convocation tonight with these lovelies. #deanslist #wearelynn

honorsocietyorg Nice! Great Job. You should consider following our society! :)



Lynn University

February 23 at 9:30am ·

We're proud to announce Terence McCorry, director of spiritual and religious life, is presenting on Lynn's Belief Bazaar this week at the National Association of Campus University Chaplains! Our Belief Bazaar promotes spirituality--not just religion--and allows students to discover and discuss ideas that they truly believe in. Watch a recap of the Belief Bazaar: <http://bit.ly/1FCrzw> #WeAreLynn



Lynn's Belief Bazaar

Students met with friends and spiritual leaders of multiple faiths to listen, share and have fun.

YOUTUBE.COM

Like Comment Share · 9 2

Above: Photos shared on social media websites recently that used the hashtag "WeAreLynn." Share yours now and see it here! LU Photos.

#WeAreLynn

iPulse Lynn iPulse

Posted by Kevin Sauder (?) · 5 mins

Did you pick up a copy of the Safe Spring Break iPulse at the carnival yesterday? #wearelynn



2015 Class Gift

February 23 at 3:00pm

15 days until Senior Salute! Have you committed to The Pit?
#donatetoday #wearelynn #2015classgift



Senior Class Gift of 2015

Leave your legacy by committing to the enhancement of the pit, a relaxing space for students found on campus between the Freiburger and Lynn Residence Halls.

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kevinstuder22 Housing and Residence Life supporting a #SafeSpringBreak yesterday! #Lynn #HRL #wearelynn

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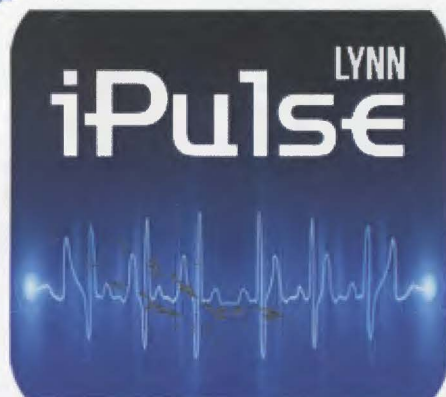
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Vol.15/ #11/ March 23, 2015



GETTING FIT ON CAMPUS

Campus Recreation Helps Students Stay In Shape

By ANASTASIA SUBERVI

TAKING CLASSES IN ITALY IS SIMPLE

Spend A Semester Abroad In The Breathtaking City, Florence



Above: The view of Florence, and a river through Italy. Stock Photos.

By **ESTEFANIA PEREZ**
Staff Writer

The Center for Learning Abroad (CLA) offers a diverse range of opportunities and connections for students to study abroad in a wide variety of countries. Students who take advantage of these incredible opportunities can gain a unique experience of immersing themselves straight in a completely different culture.

One of these exceptional opportunities to take advantage of is the connection that Lynn has with one of the most innovative schools, Florence University of the Arts (FUA), located right in the center of Florence.

The institution receives applications from students all around the world every year. With being an Italian university, students from America will feel comfortable with the fact that Italians follow the same calendar as Americans do.

The focus of the university is for the students to have a hands-on experience, providing real life practices and training.

Some of the programs that FUA offers are culinary arts, hospitality management, wine studies and enology, photography and visual communication, fashion design and publishing.

The university counts with several photography studios, the Ganzo Restaurant - in which students are the chefs, the Fedora Pastry shop, where students are bakers and a fashion store with original designs made by students and faculty designers.

"You learn a lot more hands on. You learn a different culture and it's a great experience to surround yourself [with] something other than American culture, said Breanna Bobadilla, graduate student. "You're not just traveling there; you become a local," added Bobadilla.

"As a student I have a whole new respect for the international culture. It was incredible," said Liz Raffa, senior.

Students are able to spend a full semester in the beautiful city of Florence. FUA is one of the most popular universities that students apply to when deciding to study abroad.

For more information visit the CLA website or stop by the office, located on the first floor next of Elmore Dining Commons.

WORKOUT CLASSES AND ACTIVITIES

Campus Recreations Now Offers Classes and Events For Students



Above: There are many opportunities that are available around campus to stay maintain a healthy and balanced lifestyle. LU Photos.

By **ANASTASIA SUBERVI**
Staff Writer

Since last fall, the fitness center on campus released a new schedule that offers free fitness classes to students and faculty members interested in having a healthier lifestyle.

The campus has developed a whole program with fitness classes open to the student body so they can improve their physical strength, as well as their well-being.

Besides having a full-equipped gym, the school's gymnasium counts with different locations that now serve as dance and fitness classroom.

Absanity, yoga, dance fit, sculpt and tone as well as bootcamp are some of the classes that are being taught on campus. Experienced students run the classes.

The sessions happen regularly in the afternoon from Monday to Thursday, giving people the opportunity to chose different days to exercise.

"We [the fitness center] offer a variety of things that can accommodate to individuals likes," said Jessica

Calzone, sophomore.

Calzone, who works part time for the fitness center, discussed how Lynn's facilities work hard to introduce students to a healthy way of life while also sharing time with their freinds while exercising.

She explained that they do not just offer the on-campus fitness recreation; they have different trips off of campus, including paddle boarding, yoga on the beach and sky zone, which are free of charge.

"I take yoga like three times a week," said Johanna Jimenez, freshman.

Jimenez expressed that classes are extremely beneficial. They run often with a total of 15 participants on average who attend per class.

Many students find attending outside gyms to become very expensive and Lynn workout sessions are as good as any other offered off campus.

"This gym is convenient because it is right on campus and has enough equipment," said Takura Happy, graduate student.

The campus gym keeps working regularly even on the weekends with high performance machines and equipment.

FROM SERRANO, ITALY TO FLORIDA

Senior Gabriele Regazzi Enjoys Studying Abroad Away From His Home

By **BIANCA BONOMO**
Staff Writer

Lynn is known for having a large international student body, giving students the opportunity to learn the many different cultures that vary all around the world.

Gabriele Regazzi is a senior from Serrano, Italy, studying american studies and communications.

Regazzi first heard of Lynn when he left Italy to attend his senior year of high school in Orlando.

After enjoying the American culture, Regazzi wanted to remain in the states for college, instead of moving back home.

"A lot of people would say being so far away from home [is hard at first], but I find it does not [apply to me]," said Regazzi. "I feel very comfortable here to be honest."

When Regazzi is not in class, he likes to spend his free time working out at the gym, drawing, writing or even sketching new artwork.

Regazzi is easy-going, self aware and an open minded thinker.

"I think stuff out, rather than [doing] them," said Regazzi. "You will see me tell you all of the plans of my life before I do them."

Regazzi believes that although he has always been an open minded person, he does think that he has changed drastically since his days as a freshman.

"When I first came here, I would only wear Ed Hardy shirts with the glitter," said Regazzi. "It was from the men's section; it was cool."

It may appear that any student who walks around in a glitter t-shirt is fearless, but even Regazzi has fears relating

to his life and dreams.

His fears relate around the subject of unfulfillment.

"It's very complex," said Regazzi. "I started to dream big when I was 14 years old."

As people grow older, it becomes clear that life can change them. In Regazzi's case, he is still learning who he is and hopes to accomplish all of his goals and dreams one day.



Above: Gabriele Regazzi is enjoying his time studying abroad in South Florida. LU Photo.

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Vol.15/ #15/ March 24, 2015

*"I'm energized
by students
enthusiasm for
learning and
being creative."*

FROM HASBRO TO LYNN

Professor Carlin Inspires Students In The Classroom

By Carlie Admire

Exclusive:

MUSIC MEETS THE WATERFRONT

Sunfest Releases 2015 Lineup

FROM HASBRO TO HELPING STUDENTS

With Such Success In Public Relations, Gary Carlin Inspires Students

By **CARLIE ADMIRE**
Staff Writer

Professor Gary Carlin takes his public relations courses way beyond lectures and textbooks by connecting students with companies within the community, allowing the development and exchange of different concepts through hands on learning.

After studying public relations, advertising and marketing throughout his undergrad and graduate schooling at the University of South Florida and the University of Massachusetts, Professor Carlin began working as the Vice President of marketing for Hasbro Toy Company. Professor Carlin was primarily responsible for overseeing all public relations associated with the games and toys released to the public.

After semi-retiring from working in corporate America six years ago, Professor Carlin moved back to the Sunshine State.

"I've been at Lynn for three years and love it," said Professor Carlin. "I'm energized by students enthusiasm for learning and being creative."

Professor Carlin is well known for teaching his students through hands-on experience and from knowledge gained from his successful career in the field.

"It's very important to learn in the classroom setting and it's also critical to apply these skills," said Professor Carlin.

"In my advertising management class I have students working in teams to create their own advertising agencies. Each agency picks their first client - charity or non-profit. During the



semester the student groups create an advertising and [public relations] campaign for the charity with the goal of raising money and awareness," said Professor Carlin. "Examples of the charities selected this semester are: Mothers Against Drunk Driving, Humane Society and Make a Wish Foundation."

Professor Carlin has his own strategic vision toward bettering his students. Coming from someone who has gained a tremendous amount of experience in the public relations field, students should feel honored to be taught by such a successful person.

"The experience is amazing for students," said Professor Carlin. "It gives them a better sense of why they are learning certain topics and theories and gives them an opportunity to apply them with real clients."

Professor Carlin plans on continuing to educate his students through projects, where knowledge is not only gained but also used to benefit local to charitable organizations.



Above: Carlin loves his time spent teaching at Lynn. LU Photos.

MUSIC MEETS THE WATERFRONT

Sunfest Releases A Brand New Lineup For This Upcoming Festival

By **JOEY HEFFERAN**
Video Editor

For more than 30 years, Sunfest Music Festival has been crafting some of the most electric lineups of any music festival nationally.

Past lineups have spanned the musical spectrum, ranging from rap artists like, Mac Miller to Big Sean, alternative rock bands like Smashing Pumpkins to the Goo Goo Dolls and all different types of hit artists that are on the rise. It is this variety that allows the festival to attract more than 175,000 music lovers every single year, including a large part of Lynn's student body.

This year, Florida's largest waterfront music and art festival will begin on April 29 and conclude on May 3, with a performance by this year's biggest draw, Fall Out Boy. While the finale is sure to amaze, every day is loaded with big name musical talent as part of what could very well be their best lineup in years.

Paramore, Lenny Kravitz, Boston, The Stone Temple Pilots, Matisyahu, 311 and Awolnation are among the other notable headliners to take one of the three stages. With multiple bands playing at the same time, many students at Lynn are torn over who to see.

"Awolnation and Fall Out Boy are both starting within 15 minutes of each other," said Jerry Collender, junior. "This is definitely going to be a game time decision. I might have to run back and forth."

If the variety of musical talent was not enough to make the masses go into a frenzy, the price might just do the trick.

Long time sponsor, TD Bank is continuing their tradition of offering arguably one of the best rates one could find at \$60. This rate would be great for one day at a variety of other festivals but at Sunfest, that same price is for all five days. For those who are only interested in attending only one day, the price is \$12.

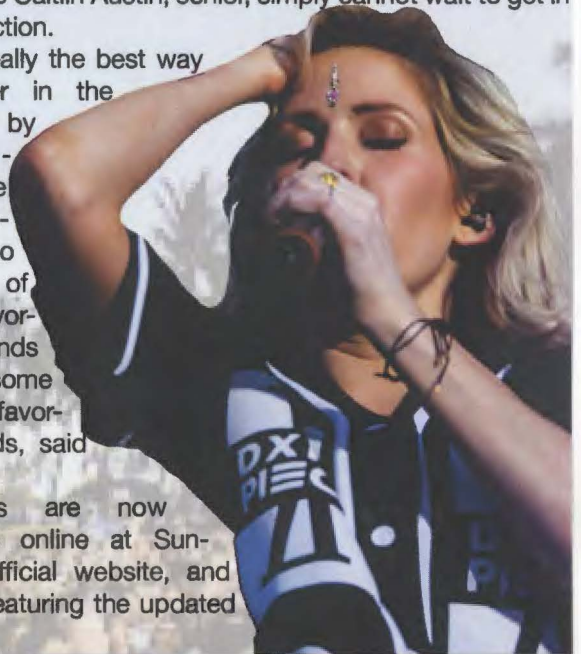
Parking prices are also very affordable, with online parking

passes starting at just \$40 for all five days.

With big name artists at an affordable price, Lynn students like Caitlin Austin, senior, simply cannot wait to get in on the action.

"It's really the best way to usher in the summer by spending some time listening to some of your favorite bands with some of your favorite friends," said Austin.

Tickets are now available online at Sunfest's official website, and is also featuring the updated lineup.



Above: Previous artists who have taken the Sunfest stages by storm with incredible performances each year. Staff Photos/ J. Hefferan.

APPLE RELEASES APPLE WATCH

More Information Has Been Released Regarding Apple's New Product



Above: Apple has now released more information regarding their new release of the Apple watches that will be hitting stores. Stock Photos.

By **ADAM OLANO**
Staff Writer

Following a recent press conference, Apple has finally revealed the details of their brand new watch. After their announcement last year, Apple has kept quiet about the features related to this product.

The Apple watch will be available for pre-orders on

April 10 and will hit stores on April 24.

There will be three Apple watches that will vary in different price ranges. The three models will be the Apple Watch, Apple Watch Sport and the Apple Watch Edition and will be available in two sizes, 38mm and 42mm.

The Apple Watch Sport will be the most affordable,

starting at \$349.99 dollars for the 38mm and \$399.99 dollars for the 42mm. Buyers can purchase it in either silver or space black.

The Apple Watch Edition is going to be marked above \$10,000 dollars, available in either gold or 18 karat rose gold.

Critics have been worrying about the battery life with each of these

products, but Apple has assured buyers that the watches will last over 18 hours of regular use on average.

The response from media outlets and public audience seem to be fairly positive.

Only time will tell if Apple will be successful with this new launch of this upcoming product.

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THE DAILY HEARTBEAT OF LYNN UNIVERSITY

3601 North Military Trail Boca Raton, Florida 33431-5598

Vol.15/ #15/ March 25, 2015

CAREER CONNECTIONS FAIR

It Is Never Too Early To Prepare For The Future

By BROOKE RUDISILL



Exclusive:

THE FITBIT HITS LYNN

Faculty And Staff Are Enjoying The Device

CONNECTING ONE STEP CLOSER

Today Marks The Second Career Connections Fair For Students To Network

By **BROOKE RUDISILL**
Editor-in-Chief

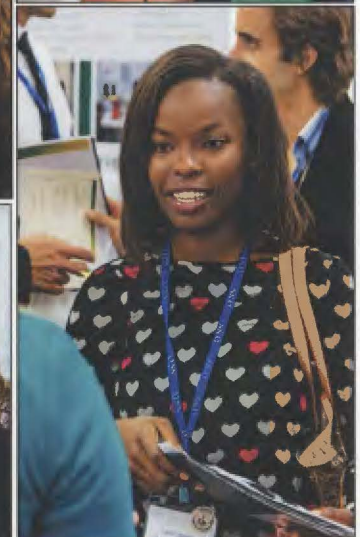
Landing an internship has become a medium for college students to successfully work their way into their field of study.

With the rise in numbers of individuals applying for jobs with a bachelor's degree secured under their belts, it has now become more difficult for college graduates to find a job upon graduation. Although finding an internship may seem extremely daunting and difficult, the Career Connections Center - located on the first floor of the Eugene M. and Christine E. Lynn Library - has successfully help connect students with opportunities and resources toward securing positive outcomes for their careers.

Students are encouraged to attend the Career Connections Fair from 10:30 a.m. to 2 p.m. in the Henke Wing of DeHoernle International Building. At this event, with more than 35 employers from well known companies covering all of the majors provided at Lynn, are now seeking future employers.

They will be able to network with individuals who currently hold positions in the industries which they aspire to one day work in. Many companies are looking for determined, goal driven individuals who want to kick-start their careers with hands-on experience.

"[With] constantly utilizing [our resources, and us] we put them in front of the right people at the right time," said Anne Marie Van



Above: The Career Connections Fair comes back to Lynn for the second time this year. LU Photos.

Casteren, coordinator of programming and student engagement. "This year, we have seen a 74 percent increase in students utilizing our office to obtain job and internship opportunities."

This past Monday students attended the Career Preparation Day, where they conducted mock interviews with outside employers, learned how to approach and introduce themselves to employers and how to properly conduct thank you letters and e-mails to employers after

being offered positions or employment.

Since the Career Connections Center made its big move to the library this fall, they have been receiving an outstanding amount of involvement on campus.

"Through activities such as self-assessment workshops, job shadowing around the South Florida area with [alumni] and a number of internship and job opportunities, the Career Connections Center ensures the success of our students one connection at

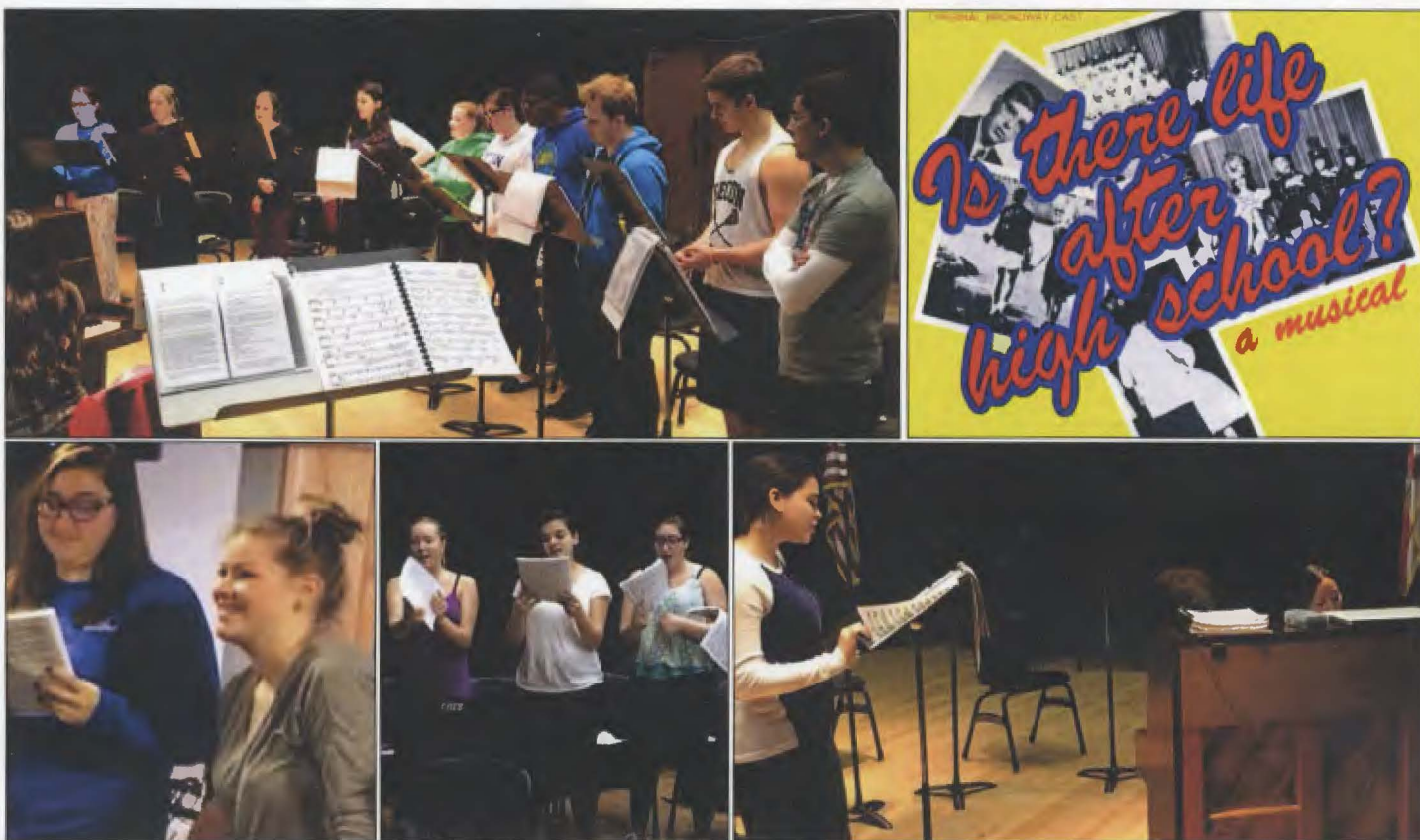
a time," said Van Casteren.

The Career Connections Center has linked students with many companies such as, Zimmerman Advertising Agency, Tilson PR, Royal Blues Hotel, Journey Aviation, Brazilian Court, Travel Pro and many more.

All it takes are a few steps inside of the office of the Career Connections Center, and upon those doors the dreams of one day working for a major company will soon become a reality with the training and opportunities that are offered.

LYNN DRAMA MAKES MUSICAL DEBUT

"Is There Life After High School?" Takes The Stage Tonight In The Wold



Above: Students have been rigorously preparing for the stage musical that will be taken over to Ireland after its run at Lynn. LU Photos.

By **KEVIN STUDER**
Editor-in-Chief

While many have become accustomed to the wonderful stage productions that the Lynn Drama program has put on for several years, today will mark the start of a new era with the first musical production on the stage of the Wold.

"Is There Life After High School?" is a Broadway production that opened at the Ethel Barrymore Theatre in 1982. The show follows multiple storylines that recall the lives people have in high school and how they feel later in life.

While not a show people probably have heard of before, "Is There Life...?" features the song "The Kid

Inside," which has been covered by Barry Manilow and "Doctor Who" star John Barrowman.

"There's a song in the show called 'Thousands of Trumpets' and it takes me back to being in band in high school," said Andrea Schwarzkopf, senior. "I was in band for four years, so the memories just flood in."

Schwarzkopf is just one of the nine actors in the show that have been working since the beginning of the semester. Professor Harry Murphy started the casting process in October and has been hard at work with the actors ever since. While many people think of musicals being a big song and dance extravaganza, this show has a much smaller and intimate

feel.

"It has been different working on a musical even though it's about the same number of people we would have in a straight play," said Schwarzkopf. "We were all together a lot more learning the music and there has just been a different feel the entire time."

The Lynn Drama program has teamed up with the Conservatory of Music to have live music throughout the show.

Once production has performed on-campus, the team will take the show with them to Dublin, Ireland from April 6-13 where they will work with Lynn's sister school, American College Dublin.

"I was able to travel to Dublin last year with 'Almost,

Maine,' so I am really excited to travel back," said Schwarzkopf.

However, Schwarzkopf is the only one of the team who has already traveled to the country to perform. This will create a great experience for the others, as they will be able to do what they love while also being influenced by a new culture.

"Traveling to Dublin is so exciting," said Jessica Quigley, freshman. "It's an experience that I never thought I would have and definitely one that I will never forget."

The musical will be performed at Lynn tonight and tomorrow at 7:30 PM as well as a performance at noon today. Tickets are free for students with a Lynn ID and \$10 for the general public.

MEN'S SOCCER TAKES THE WIN

The Men's Soccer Team Still Takes The Win In The Off-Season

By **LOUIS DAVIS**
Photographer

The men's soccer team defeated Johnson and Wales College with a score of 6-1.

Senior Javier Mochon led the team with two scoring goals, along with sophomore Chris Hellmann racking up three assists.

Although the men are in their off-season, they are still maintaining the momentum of last season.



**MEET THE
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THE DAILY NEWS OF LYNN UNIVERSITY

3601 North Military Trail Boca Raton, Florida 33431

Vol.15/ #16/ March 26-27, 2015

Plus:

Eric Smallridge

Quest Magazine

Students Attend

Final Four

WELCOME BACK ALUMNI

Former Lynn Students Return Home

By KEVIN STUDER

Exclusive:

ALTERNATIVE BREAKS

**Jocelyn Grayson Shares Her
Experiences Volunteering Over Break**

LOOKING TO THE FUTURE ALUMNI

With Graduation Just Weeks Away, A New Class Will Join the Festivities

By **BROOKE RUDISILL,**
KEVIN STUDER AND
MEGHAN STUDER
Editors-in-Chief and
Contributing Photographer



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iPULSE**

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**READER
OF THE
WEEK**



**ASHLEY
CACICEDO**

Student Life

SPREADING THE LOVE OVER BREAK

Several Lynn Students Took To Tampa During Spring Break To Volunteer



By **JOCELYN GRAYSON**
Contributing Writer

Spring break is a college student's Christmas.

That sweet week of freedom, friends and fun - when dreams come true - even if that dream is just getting a few extra hours of sleep.

Known for cruises and crazy parties, Florida especially is an epicenter of young adults trying to blow off steam.

However, not everyone chooses the partying route, and for those students, Alternative Spring Break (ASB) is the perfect option. Alternative break trips originated with college students in the late 1970s as a counter to "traditional" spring break trips.

In the last twenty years, alternative break programs have become more and more popular and prevalent on college campuses, especially in the aftermath of Hurricane Katrina. In Lynn's case, for the past three alternative breaks, groups of students have traveled to Metropolitan Ministries in Tampa (Metro).

Founded in 1972, Metro's main goal is to provide hope to those in crisis situations

brought about by financial insecurity and homelessness. The center has long and short term residence halls, a head start preschool, GED and parenting classes as well as providing 69,000 meals per month.

While most of those who helped are residents of the center, they also provide assistance to anyone in the community struggling to make ends meet with their Outreach Center, a program that allows people to get enough food and clothes to last until their finances stabilize. While hope is one of Metro's main virtues, they also put a lot of emphasis on providing these services in a dignified manner.

Led by Student Involvement Coordinator Becca Bender, the alternative break trips are usually between three and seven days, and consist of several different volunteering opportunities including prepping and serving food, working with babies and children, sorting and distributing food and clothes and working in Metropolitan outreach center.

Bender, who has led all three of Lynn's trips to Metro, said, "I chose Metro because I love that they combine service and education by prepping volunteers before they go out and leading several seminars about how families can end up in homelessness. We've established a great partnership with Metro and will definitely be going back."

"I wanted to serve and learn about an area that wasn't far from me in a different perspec-

tive and see how my impact could help the people who needed it most," said Cyndra Scheuer, sophomore.

Senior Aimee Austin decided to go on the trip, feeling that the issue hit close to home.

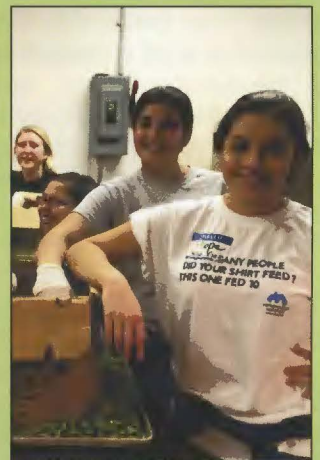
"My family was in a similar situation recently and we were saved by Camila's House, which is like the Miami version of Metro," said Aimee Austin, senior. "It was an absolutely amazing experience that made me realize how small our day to day problems are."

While two of the three trips have been spring breaks, Student Involvement took an alternative fall break trip to help Metropolitan in November for their annual holiday tent, which provides over 23,000 struggling families with food for Thanksgiving and Christmas as well as Christmas gifts for the children.

It seems that the ASB motto is, "work hard, play hard" because there is also a fun trip at the end of each break.

Past destinations include Busch Gardens, Downtown Disney and the Plant City Strawberry Fest. These trips are incredible experiences and anyone who enjoys community service should keep their eyes open for the next trip.

Jocelyn Grayson is a senior majoring in advertising and public relations. This column does not represent the opinions of the iPulse, but her personal thoughts and views.



Above: Volunteering. LU Photos.

Student Life

FOUR SECONDS CAN CHANGES LIVES

Eric Smallridge Talks To Students About Driving Under the Influence

By **CHRIS HELLMANN**
Staff Writer

Eric Smallridge was a student like every other. He was successful in school, his college soccer career was outstanding and he was well known and liked on his campus. Smallridge had a life that a lot of people wish they had.

On a typical night out with his soccer team, he had a couple of drinks and made what turned out to be the biggest mistake in his life. That night, he thought he could still drive his truck home. He ended up killing two college girls by accident. He was then sentenced to 22 years in jail.

His promising future was destroyed just like that. He describes the situation as the four worst seconds of his life. Today, Smallridge is traveling around Florida with the mom – Renee Napier – of one of the girls he killed to speak about drunk driving.

Napier is the reason Smallridge is out of jail. She wanted him to tell other people his tragic story to spread awareness. Today, Napier and Smallridge call themselves friends. Napier was able to forgive Smallridge after the long painful process of getting over the death of her daughter, Meagan.

Every year, Smallridge and Napier visit Lynn to give a speech in front of all student athletes. All of those students expect just another

boring speaker they have to attend because their coach or athletic director said so. What they do not realize is that they will leave the room shocked, moved and touched.

"[Smallridge] was in the same situation like all of us. He was enjoying his college life, and with one bad decision, he destroyed his future," said Aaron Zucker, junior on the men's soccer team. "In his speech, all of us could relate to his situation. I will definitely never forget

this speech."

Yes, Smallridge destroyed his dreams and his future but he is doing a good job reaching out to other students and touching them with his words in the hopes that he can make an impact on their decision making when it comes to drinking and driving.

"I have been in those situations; having a couple of drinks and still thinking I am able to drive," said an anonymous Lynn Men's Soccer player. "This speech brought

tears to my eyes, I promised myself to never drink and drive again."

The Lynn community is more than happy to welcome Napier and Smallridge on campus every year to talk about such an important and ongoing topic for college students.

Smallridge may never get the happiness back he had when he was a college student, but he may have helped and will help a lot of students not to make the same mistake.



Above: Since his accident, Eric Smallridge has made it his mission to educate others. Stock Photos.

Student Life

LYNN'S ON A "QUEST" FOR CREATIVITY

Lynn's Literary Magazine, "Quest," Is Now Taking On The Technological Age

By **VICTORIA ALVAREZ**
Assistant Editor

While maintaining five classes, attending club meetings, staying organized, holding a job and keeping one's life together, it may seem easy to forget what it is like to be creative and express one's self. People think of creativity as the act of making or building something, but it is often so much more than that.

Creativity is truly a way of life that embraces the originality and the beauty that lies within uniqueness. The arts are especially noted for having such a quality, due to the extensive amount of deep thought put into things, such as poetry, drawings, paintings, screenwriting, storytelling and so much more.

At Lynn, students are encouraged to find their passions and express them as best they can. Diversity, creativity and individuality are some of the main foundations of the student body that make up the Lynn community, and with so much talent walking around campus, it only makes sense to put all of this artistry into a single place.

"Quest," Lynn's very own literary magazine and arts journal, has been around for many years, dating back to the 90s. Originally, the magazine would publish the work of local artists and writers as well as student's work. Today though, the

magazine is striving to only publish the work from students within the Lynn community. However, that is not the only thing that is changing within the magazine.

"Quest" is a creative outlet for students, faculty and staff. They can submit written work, poems, short stories, visual work or even scenes from a play," said Bonnie Bonincontri, faculty advisor for "Quest." "In the past, it's always been a hard copy publication, so it's always been drawings or photography. But this year, it's going to be an iBook as well."

For years, "Quest" has been handed out in the form of a magazine, but as times are changing and things are becoming more digital, the magazine is joining the technological world as a new iBook. With this change, the art journal can now accept digital submissions, such as video. This announcement allows Quest to not only accept more submissions, but also broaden its variety for each publication.

The arts journal is not spe-

cifically limited to any type of student. It is not required that the student submitting the work majors in anything specific. "Quest" is a place for any artistic person to not only share their work with others, but also to help that student find an outlet for their artistry and creativity.

"Everyone is creative in some way and lots of students like to have an outlet, especially through all the digital work that is available to us today," said Bonincontri. "Through 'Quest,' we are not just encouraging the arts, but we're encouraging students to embrace the arts as well."

One way that "Quest" is beginning to reach out to students is through social media. Social media has a large impact on college students today, and the staff of "Quest" is aware that sometimes a post with an eye-catching photo is a great way to get students' attention. After being recruited by Dr. Lynn Ramert, one of the professors working alongside Bonincontri for "Quest," Audra LaRay

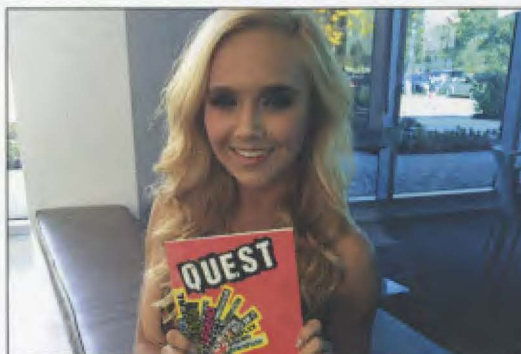
Pendry, freshman, became a part of the journal by joining the social media staff.

"In my career path I've always wanted to be an artist and I know how hard it can be to get the word out about art. If it's spread via social media, it'll show students' talents," said Pendry. "I think that in this day and age, everything we do is through social media."

Right now, Pendry is working alongside Dr. Ramert and other staff members of "Quest" to run a Twitter and Instagram account for the arts journal. The handle names for both sites are @questmaglynn.

The "Quest" iBook will have its big debut at Celebration of the Arts, which will be on the first Friday in May. From then on, everyone will receive directions on how to download the iBook, so that all of the Lynn community can have access to it.

If any students are interested in learning more about Quest or are interested in submitting their work, e-mail Bonincontri at bbonincontri@lynn.edu.



Above: Audra LaRay Pendry shows off the "Quest" magazine and there is also an eBook. Staff Photos/V. Alvarez.

Cover

LYNN WELCOMES

Students Of The Past



Story

HOME FIGHTING KNIGHTS

Come Back To Their Alma Mater

By **KEVIN STUDER**
Editor-in-Chief

On Friday, Lynn will officially open its doors to their former students and welcome them back for Alumni Weekend.

Events will be occurring all weekend with a Welcome Reception on Friday, a 5K Family Fun Run and brunch Saturday morning and a tailgate at the Bobby Campbell Stadium before the Men's Lacrosse game.

We hope you all enjoy your time back at Lynn and remember why it means so much to you.



Sports

LYNN STUDENTS HEADED TO FINAL FOUR

Students Will Get The Chance To Learn Outside Of Class In Indianapolis

By **TYLER BABCOCK**
Social Media Editor

For the past nine years, Lynn has been offering off-campus classes that usually last about a week for students to gain academic credit and experience in the professional workforce before graduation.

This year Lynn has already traveled to Aspen, Colorado for the 2015 Winter X Games. Starting April 3 and going through April 7, Lynn students will head to Indianapolis to work and attend the NCAA Division I Final Four. Professor Charles Barr has been operating and organizing the majority of the events with the help of other professors

including Ted Curtis and Andy Vermes.

"The focus is to gain experience in the field, while learning about various employment opportunities within a given sport. You experienced this first hand at the X Games, but each trip is a bit different, and provides a unique look at the industry," said Professor Curtis. "The NCAA class looks at the Corporate Sponsors, and how they leverage the excitement of the Final Four to promote their brand and products. Our students will be working for the NCAA in their Sponsorship Activation Village, among others."

The popularity of these events have been expanding ever since the

introduction nine years ago. Not only is this a fun trip for students to gain credits and something to put on a résumé, it also shows the inner workings of one of the NCAA's signature events.

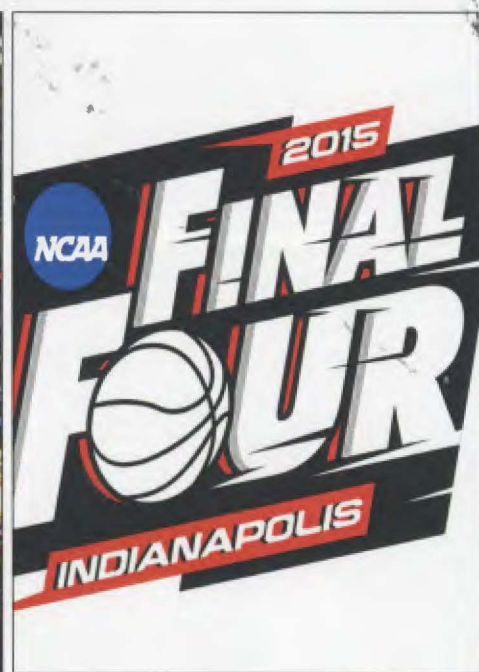
Some of the NCAA sponsored Events students will be working include the National Association of Basketball Coaches (NABC) Conference, Final Four Fan Fest (sponsored by Capital One), the NCAA Tip-Off Tailgate, NCAA Division I Men's Basketball National Semifinal starting with a 6:09 p.m. tip-off on April 4, as well as the Men's Basketball National Championship tips off at 9:23 p.m. on Monday April 6. Both games and ma-

jority of the events will be held at Lucas Oil Stadium.

"We have been running this class for nine years now, and our students constantly rate this as the most exciting, and one of the most engaging," said Professor Barr.

Although different events such as, working the ESPN Winter X Games or the Final Four Experience, would be very valuable experiences on many different levels.

"Having a look at this annual event from this unique perspective gives our students a competitive advantage when applying for, and interviewing for jobs in the industry," said Professor Barr. "Our students leave Lynn with unparalleled experience."



Above: This year's Final Four tournament is going to be held in Indianapolis at the Lucas Oil stadium from April 4-6. Stock Photos.

Sports

SOFTBALL FIGHTING TO MAKE A NAME

Lynn Softball Looking To Earn Their First Winning Record In 11 Years



Above: Lynn's Women's Softball team is closer than ever - both in friendship and getting to a winning record this season. Stock Photos.

By **TANNER BERMAN**
Staff Writer

The Fighting Knights softball team has already started their season and Head Coach Amy Bellisari and her squad are looking to build upon a solid beginning to 2015.

The team was ranked last in the in Sunshine State Conference pre-season rankings, which would make some think that it would not bode well with a team. With the addition of some new faces and contributions from familiar faces, Coach Bellisari believes this team can do anything.

"I think this team can overcome anything," said

Bellisari. "[They will succeed] once they start to figure out how to play together and I think that they already have."

The Fighting Knights are led offensively by returning players: outfielder Kaci Vassallo, speedy infielder and outfielder Sara Vazquez and power-hitting first basemen Cherise McEnery.

With players like them in the line up, it is usually an equation for a potent offense which the Fighting Knights, have been producing thus far this season. Coach Bellisari believes the team has to keep up the offensive production in order to continue their success thus far this season.

"Offensively, we just need

to keep doing the things we are doing and capitalize on the hits that we do get," said Bellisari. "The biggest thing for us is to be able to bunch our hits together in order to create run production."

This season, the Fighting Knights are looking to compile their first winning record in 11 years and a large part of the burden pursuit of a winning record will be placed upon the shoulders of the pitching staff.

The pitching staff is led by Missy Montgomery, senior, who compiled nine wins last season and an impressive 3.04 ERA. She will look to build upon her strong 2014 season coming into 2015 with support from returning pitcher Katelyn Key and a

newcomer, the left-handed Canadian Francois Olexa.

"I think they all definitely compliment each other," said Bellisari. "All of our pitchers actually really work well with each other. They pull for each other, they all get excited for each other, it's definitely a great dynamic that they have."

The Fighting Knights have just began conference play in the always tough Sunshine State Conference and Coach Bellisari and her team will look to turn some heads in the upcoming weeks.

Be sure to come out to a game at the softball field. All the dates and times can be found at lynnfightingknights.com.

#WeAreLynn

← PHOTO ↻

coachjeffprice14 2d

Ticket Punched: Men's Basketball Earns First NCAA Tournament Bid in Ten Years



24 likes
_benbeezzy, augonice, patjones_21, sikes04, colbywohle53, a.harrison2, coachherz, sarahmichelle36, jschneider22, livcoiro
coachjeffprice14 Going dancing! Extremely proud of our guys! #WeAreLynn
augonice Good Work
_benbeezzy 🍷🍷🍷

Like Comment

← PHOTO ↻

kevinstuder22 1w



24 likes
kevinstuder22 Got to film an interview with two former U.S. Congressmen for @lynnipulse this afternoon. Exciting times up on the third floor of the library! #wearelynn #ipulse #lynnic #journalism #behindthescenes

Like Comment

← PHOTO ↻

heystephenx 5d



27 likes
heystephenx Happy I got to reunite with the one and only Lara Rosenthal! Not to mention Kate (noooooo) Meghan and lastly my lord and savior Mikey Jesus Lennon. #roccostacos #bestfriends #goodtimes #WeAreLynn #guacamole

Like Comment

Lynn University @LynnUniversity

.@Lynn_Knights embracing @NCAADII underdog role: youtu.be/7_Q63jtYZsl via @YouTube #WeAreLynn #LynnMBK

YouTube



LYNN EMBRACING UNDERDOG ROLE

Andrew Pollowitz @aPollowitz301

At @RDstadium with @LynnUSportsMgmt for the @Nationals vs. @Marlins Spring Training Day! @LynnUniversity #WeAreLynn!

3/18/15, 11:15 AM

1 FAVORITE

Like Comment

Above: Photos shared on social media websites recently that used the hashtag "WeAreLynn." Share yours now and see it here! LU Photos.

#WeAreLynn



autumnkelleyfabulous
Lynn University

57m



13 likes

autumnkelleyfabulous Because the Animal Welfare Club rocks! 🐾❤️🐾 #fabulous #wearelynn



Kevin Studer with Lydia Elizabeth and Eddie Datz

March 7 at 12:52am · Instagram · 📷

These two came to my territory yesterday and then I went back to their today So proud of all of their achievements and can't wait to see what they do in the future! #Lynn #westbocadrama #addamsfamily #6760 #wearelynn #freshmentoseniors



brookerudisill

3d



80 likes

brookerudisill Pretty stoked that @fifthharmony not only remembered me from our interview back in November, but kept a copy of my article today. Huge shout out to @camila_cabello @laurenjauregui @allybrookeofficial @dinahjane97 and @normanikordei for being flawless. #wearelynn

LYNN UNIVERSITY

Lynn Dining · LynnDining · Mar 8

Lynn Men's b-ball watching the tourney selection show in the EDC right now! #lynnning @coachjeffprice #wearelynn

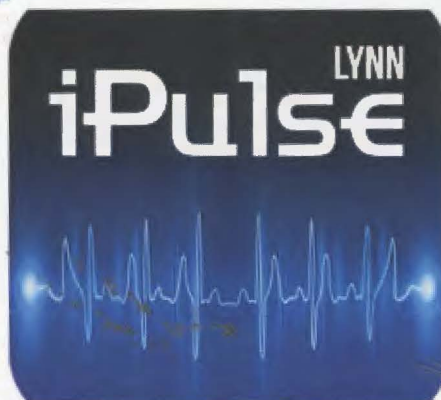


Above: Photos shared on social media websites recently that used the hashtag "WeAreLynn." Share yours now and see it here! LU Photos.



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THE DAILY HEARTBEAT OF LYNN UNIVERSITY

3601 North Military Trail Boca Raton, Florida 33431-5598

Vol.15/ #17/ March 30, 2015

Plus:

Big Sean Comes

To Boca

Where Are 90s

Authors Now?

DUAL STUDENT ATHLETES

One Sport Just Is Not Enough For Two Students

By CHRIS HELLMANN



ONE SPORT IS JUST NOT ENOUGH

Two Dual Athletes Who Play On Both The Soccer And Lacrosse Teams

By **CHRIS HELLMANN**
Staff Writer

Not many students in college are able to proudly call themselves student athletes.

Being a student athlete brings not only a large amount of responsibility, but it is also an honor to represent their respective schools.

Sophomores Brian Arthur Thibault and Mike Formant are both athletes on the men's soccer and lacrosse teams.

"It's like two different worlds," said Thibault. "Soccer connects me with people all over the world, where as Lacrosse connects me with people all over my home country."

Thibault started playing lacrosse after soccer, but his passions for both sports are unlimited. After speaking with Dante Egan, sophomore, about possibly playing on the same lacrosse team again after high school, he realized that he was going to pursue his passions in playing both sports in college.

Thibault has had a tremendous amount of achievements in the past two years.

"It makes my dad really proud. He drove a long way from Fort Myers Beach three times already to watch my lacrosse games this season," said Thibault. "Overall my whole family is really proud and supportive."

Being a dual athlete not only has positives, but it has negative downfalls as well.

When other teams have their off seasons Thibault



Above: Both Brian Arthur Thibault and Mike Formant are playing two sports at Lynn. LU Photos.

and Formant stay on campus and work out every single day in order to stay in shape for constant competitions. It limits their free time, but both star athletes would not have chosen different.

Still both only talk positively about being challenged by both sports.

"Being a dual athlete is pretty sweet. I kind of get the best of both worlds by being a part of such a his-

toric soccer program here at Lynn," said Formant.

Formant just scored his first career goal for the lacrosse team this month.

"At the same time I get that unique experience of helping to build a strong lacrosse program. Both are great experiences to be part of," said Formant.

Both of the Athletics and Academics Departments work seamlessly together to ensure student athletes not

only succeed on the field, but also in the classroom.

Professors, advisors, coaches and mentors help Thibault and Formant balance the divide between playing sports year round and maintaining high grades in the classroom.

Formant and Thibault are two of the few athletes in Lynn history who have the privilege of playing two sports throughout their years in college.

BIG SEAN'S NEXT STOP IS IN BOCA

Big Sean Will Be Hitting The Stage And Performing In Town On April 1



Big Sean, Slick Rick, and Doug E. Fresh

Fau - Student Union Outdoor Stage, Boca Raton, FL, US ([map](#))

Line-up: Big Sean, Slick Rick, Doug E. Fresh

[Join Songkick](#) to track this concert and we'll remind you when it's coming up.

Buy tickets

TicketNetwork RESSELLER From US \$62.79 [Buy tickets](#)

We don't know about face value tickets yet. Check the venue website for more info.

Tickets HOT

Hurry! Selling fast.

On sale for 19 days

Event is in 20 days

Venue

Fau - Student Union Outdoor Stage
777 Glades Rd
33431
Boca Raton, FL, US

1 upcoming concert



Above: Make sure to grab Big Sean tickets before his performance on Wednesday night at Florida Atlantic University sells out. Stock Photos.

By **TYLER P. BABCOCK**
Staff Writer

Roc Nation artist Big Sean will be bringing his lyrical expertise to Boca this Wednesday, April 1.

This is not an April fools joke. One of the biggest names in Hip-Hop is going to be performing live at Florida Atlantic University's (FAU) Student Union Outdoor Stage, for the

Freaker's Ball.

Tickets are starting at \$62.79, but with that payment viewers will not only get to see Big Sean, but also Slick Rick and Doug E. Fresh opening up the night.

Ariana Grande, Big Sean's girlfriend, was born and raised in Boca. Speculation can only lead to a possible surprise performance from Grande her-

self.

For fans of Big Sean that are not familiar with Slick Rick or Doug E. Fresh, they are original rappers who stray from the highly popular commercialism rap genre, and focus more on the straight skill of rhyming and beat-boxing, rather than incorporating the popular items in today's mainstream music.

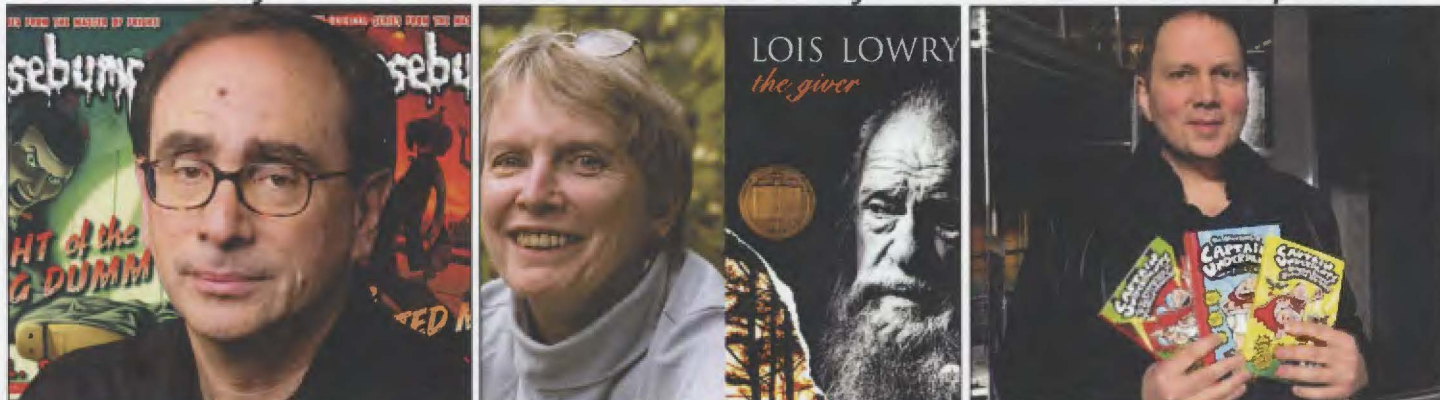
Big Sean, on the other

hand, is one of the most explosive up-and-coming rappers with potential to maintain a successful career. He recently released his latest album, "Dark Sky Paradise," and fans are more than excited to hear his new music live.

Many feel this will undoubtedly attract an enormous crowd and will be one of the best events in town this year.

CHILDHOOD AUTHORS OF THE 1990'S

Where They Are Now And What They All Have Accomplished



Above: Childhood authors of the 1990's have still been spending the past 10 years successful working in literature. Stock Photos.

By **JOSHUA DEAL**
Staff Writer

Before "American Horror Stories," "Avengers" and "The Hunger Games," there was "Goosebumps," "Captain Underpants" and "Number the Stars." The 90's children authors helped sculpt and form the imaginations and perspectives that remain prevalent in the psych of young adults today. Just as these former children have matured, so have the authors.

R.L. Stine, author of the "Goosebumps" series, was awarded from 1993 to 1995 for being the best-selling author in America. The Guinness

Book of World Records also awarded him with best-selling series author in history. His horror series have sold more than 350 million copies in the U.S. and are published in 32 languages.

As he continues to scare children with his series "Fear Street," due to his fans' requests on social media, he has also targeted his original child readers - now in their twenties and thirties - with new horror stories for adults. "Red Rain" and "Temptation" both demonstrate how Stine can continue to scare his original readers no matter how old they are.

Dav Pilkey, author of "Cap-

tain Underpants," started his first illustration of his long-lived hero when he was in the second grade. Through his elementary to university level education he continued to draw and write his character. At age 19 he was finally published while attending Kent University.

Pilkey and his wife currently live in the Pacific Northwest and he still write the "Captain Underpants" series while illustrating many other children book series. The series alone has sold more than 70 million copies and the number continues to rise.

Lois Lowry, author of "The

Giver" has won two Newbery Medals for "Number the Stars" in 1990 and "The Giver" in 1994. A film adaptation of "The Giver" sparked much nostalgia and appreciation for the original inspiration. Today, Lowry lives in Cambridge, Mass. at age 78 with four children who carry out her legacy.

Lowry continues to do interviews and shoot photography to aid other children books.

These authors are what filled the minds of students growing up. Not only did they entertain students at such young ages, but they shaped their imaginations as well as their artistic and creative sides.

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3601 North Military Trail Boca

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Plus:

**History Behind Boca
Clinton vs. Bush Yet
Again?**

BREAKING NCAA RECORD

**Rebecca Matthews Makes History At The
NCAA National Championships**

By TANNER BERMAN

SWIMMING TO THE CHAMPIONSHIP

Rebecca Matthews Makes History At The National Championships

By **TANNER BERMAN**
Staff Writer

Lynn's Women's Swimming Team has been one of the most successful athletic programs in NCAA Division II these past few years, and Rebecca Matthews, a Fighting Knights graduate student, has further proven that statement.

Matthews and Head Swim Coach Nikki Alvarez have just returned from Indiana where the Division II National Championships were being held. Matthews did not win just one, but two individual national championships, while also setting an NCAA record in the 200 breaststroke, with an incredible time of 2:13:00.

"It was a scary experience but a really fun one," said Matthews. "It was an

awesome atmosphere and I'm really enjoying being a national champ."

The four-time winner of First Team All American also won the 100 breaststroke national title with a top time of one minute and 59 seconds. Matthews is also the first Fighting Knight to receive First Team All American honors and has made large strides for Lynn's team.

Coach Alvarez is extremely proud of her swimmers who participated in the National Championships. She is looking forward to building her young program up and using Matthews' National Championship victories as a stepping-stone for the program as a whole.

"I'm really pleased with not just the direction that we're heading in the pool,

but the group of young ladies that I have on the team," said Coach Alvarez. "They work really hard and they really support each other."

The Fighting Knights had an extremely successful season in 2014-2015, sending three swimmers to compete in the National Championships.

In the upcoming season, Matthews will look to do something that no one has ever done before. She is hoping to become an eight-time First Team All American honoree. Although that seems like a tall order, Matthews is ready and grateful to accept the challenge.

"I wouldn't be an athlete if I didn't want to better myself," said Matthews. "I'm excited for next year. I'm going to go all out and

keep bettering myself as an athlete and as a person. I really feel lucky to be here at Lynn, and I'm so grateful to everybody for this amazing experience."

With only one more year of eligibility, Matthews is looking forward to the opportunity to continue swimming in the royal blue uniform that she has become so accustomed to.

Although the current season has ended, her competitive edge and work ethic remains the same, as she is working harder than ever to defend her titles in 2016.



Above: Rebecca Matthews, graduate student, wins big this year at the NCAA Championship for swimming. LU Photos.

THE HISTORY BEHIND BOCA RATON

Japanese Colonies Helped Establish A Unique Culture In The City

By **JOSHUA DEAL**
Staff Writer

Boca Raton, originally founded by T. M. Rickards in 1895, is known for its beautiful landscapes and sublime weather. However, Boca also has a dark history that is still recognized to this day.

When people think of Florida in general, Japan usually does not come to mind.

Young Japanese members actually helped establish a unique culture and history in Boca. Jo Sakai pioneered Boca's farming group when he recruited Japanese citizens after his graduation from New York University School of Commerce.

The Yamato Japanese colony was established in 1904 as the farmers took western Boca and cultivated it into a pineapple plantation. Reportedly, the Yamato people were hard working and prosperous as they turned a seemingly desolate land into a community. Although the community did not grow very much, the colony experimented with various crops while also bringing Japanese culture to such a tropical area.

The community, lead by Sakai, flourished from 1904 until the 1920s. Due to Cuban farmers prospering in the pineapple business, the Yamato colony turned to winter vegetables. During the 1920s, Florida real estate convinced many Japanese colonists to move suddenly and many settlers left the state and never re-



Above: During 1904 to the 1920's Cuban farmers prospered in the pineapple business. Stock Photos.

turned. Some historians consider Sakai's establishment a success, while others debate that it was just a nice attempt overall. Either way, the man behind the idea changed Boca's history significantly.

During WWII the federal government confiscated the land so the U.S. military could establish the Boca Raton Army Air Force Base to train bombers of the B-29. The military base was in the location of what is now Florida Atlantic University (FAU). This caused the settlers to lose about 296 acres and this caused the Yamato col-

ony to slowly collapse. Essentially the people's homes were confiscated from them and the Japanese citizens were driven out with their rights ignored and their crops destroyed.

To learn more of the history of the Yamato colony while gaining knowledge of the Japanese culture, one can visit the Morikami Museum and Japanese Gardens at 4000 Morikami Park Rd. in Delray Beach.

The garden is the lasting legacy of the Japanese influencers of Boca and beckons residence and visitors to try their authentic food

and Zen gardens. There is even a memorial and education site devoted to the Boca Raton Japanese settlers and a Museum in which dazzlingly and enchanting art from Japan is presented to the public.

The next time one is on Yamato Road or passing FAU, remember that people from a far land were trying to establish a community right where they are and think to oneself, what will historians say about the places they go and the places they visit today because all experiences become history soon enough.



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www.lynnipulse.org

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BUSH VS. CLINTON, YET AGAIN?

America May See Yet Another Bush Or Clinton Running For Office

By **JERRY HOFFMAN**
Staff Writer

Since 1980, there has only been one election that did not involve a Bush or a Clinton running for the presidency, and 2016 is shaping up to be what could be a potential head-to-head matchup between former Florida Governor Jeb Bush and former Secretary of State Hillary Clinton.

This decade old relationship between the two families has seen many changes throughout the

years.

After a rough 1992 campaign, the Bush family campaigned strongly against the Clinton's in 1996, only for Clinton to return the favor in the 2000 elections. During the 2000 elections, George W. Bush actually coined the phrase, "restore honor and dignity to the office of the Presidency," implying that Clinton had failed to do so, and damaged the image of the leader of the free world.

Following Hurricane Katrina in 2005 and the devastating Haitian earthquake in 2010, the two families final-

ly found a compromise and worked together to raise funds for those impacted by these natural disasters. Although the sad truth is, it took two natural disasters for the two families to see at least somewhat eye to eye.

The question now lies with Americans; can the two families successfully run another campaign? Many say yes due to their unrivaled success in the last few decades, but others may believe that the images of the two families have been tarnished throughout the decisions

they have made while in the White House.

When asked about the potential matchup between his brother and Hillary Clinton, former President George W. Bush said that he believed his brother would defeat his adopted "sister-in-law."

While the relationship between the two political families seems to have improved from previous elections, the upcoming election is bound to hold a great deal of drama and pressure from both the Clinton and the Bush families.



Above: Jeb Bush just may be running up against Hillary Clinton in the upcoming Presidential election in 2016. Stock Photos.

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